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Expt. No. 01.

Prescription Writing

A Prescription is order to a chemist to supply certain drugs is a particular form to a particular patient to be used as directed.

It is a legal document and must be written legibly and clearly and should indicate precisely what should be given.

It bring in to focus the diagnostic acumen and therapeutic proficiency of the physician. The most carefully carved prescription order may become therapeutically useless, unless it communicates clearly and adequately instructions the patient on how to take the prescribed medication.

Any non-pharmacological instruction like dietary advice, smoking and education on life style changes, should also be included.

In writing prescription it is best to use non-proprietary name followed by the name of the manufacturer in parenthesis if a specific manufacturer's product has distinct advantage or if the physician wants to prevent a change of product or subsequent refills.

Further make sure that the patient has understood the instruction to improve the complains and treatment outcome.

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Hence writing a correct and legible prescription is important since illegible or incorrect prescription harms a patient in terms of inappropriate medication. A critical approach towards but also promotes rational use of drugs.

Common Prescribing Errors: —

- Illegible prescription (unreadable)
- Ambiguous directions (
- Insufficient directions
- Inappropriate prescribing of the drugs.

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CLINICAL PRESCRIPTION WRITING

1. Dr ABC

MBBS

Address

Rel. No.

2. Date

for,

3. Mr. XYZ

IP/OPD NO.

Age, Sex

Address

4. Diagnosis

5. Rx

6. Drugs & dosage forms & strength

7. Directions to the pharmacist

8. Direction to the patient

9. Refill

10. Warning

11. Signature ABC

Registration No XXX

12. Patient education

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Abbreviations	Latin Equivalent	English version
Ac	ante cibum	Before meals.
Ad lib	ad libitum	as desired.
bid	bis in die	twice a day
Cap.	Capsula	Capsule
elixir	elixir	Elixir
h	Hora	Hour
hs	Hora somni	at bed time
IM	—	intramuscular
IV	—	intravenous
Inj.	—	Injection.
OD	Omni die	once a day
OM	Omni mane	in the morning
PE	Post cibum	after meal.
PO	—	Per oral
PR	—	per rectal.
qid	quater in die	four times a day
qs	quantum sufficit	in sufficient amount
rept	—	repeat.
SC	—	Subcutaneous
SOS	Si opus sit	when needed
Stat	Statim	immediately
tid/tidg	ter in die	3 times a day
	ter in sumendum	
tsp	—	teaspoon (equivalent to 5ml)
tab	tabella	tablet.

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DO's and Don't of prescription writing

- Write legibly and indelibly
- Should be dated and signed by the prescriber.
- State full name, age and address of the patient.
- The name of the drugs or preparations should be written clearly and not abbreviated.
- Do not write incomplete prescription in terms of drug dosage formulations, strength, dose, frequency route, duration and instruction to the pharmacist and patient.
- The quantity to be supplied may be stated indicating of the number of days of t/t is required.
- Write units not "u".
- Avoid unnecessary use of decimal points.
- When decimals are unavoidable a zero should be written in front of decimal point eg 0.5 ml not .5 ml.
- Do not give insufficient, incomplete direction and instruction.
- State clearly dosing interval, time of day, relation to meals and duration of t/t.
- Instruction the patients not, to add any medicines should be taken in sitting position with plenty of water powders,

Teacher's Signature : _____

- Avoid painful IM injection specially in children.
- Liquid preparations are more suitable for children and elderly patients having difficulty in swallowing tablets and Capsules.

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Acute Rheumatic Fever

- Acute Rheumatic Fever - It is a multisystem diseases resulting from an autoimmune Reaction to inf. with group A β hemolytic streptococci.
- Rheumatic Heart disease is a seq sequel of ARF and is a most common cause of heart disease among children in developing

- ARF is mainly a disease of children ages 5-15 yrs caused by upper resp. inf. with group A streptococci.
- Latent period - about 3 weeks (1-5 weeks)
- 2002 - 2003 WHO Criteria for diagnosis of RF/RHD based on 1992 revised Jones Criteria.

Major

- Polyarthrititis
- Carditis
- Erythema margination
- chorea.

Minor

- Clinical $\rightarrow$ fever polyarthrititis
- $\uparrow$ ESR
- ECG - PR $\uparrow$

Major manifestations - Carditis, polyarthrititis, chorea, erythema marginatum, Subcutaneous nodules.

Minor manifestations: ① clinical - fever, polyarthrititis
② Laboratory - Raised ESR/~~Leucocyt~~ Count.
③ ECG findings - ^{prolonged} $\uparrow$ P-R interval

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Calamine:-

It is zinc carbonate 98% coloured with ferric ~~oxide~~ oxides 2%. It is an astringent, antiseptic & protective agent.

FEO - mild metallic astringent. It gives pink colour to the powder, which is for cosmetic reasons as it blends well with the skin colour.

Zinc oxide:-

Here it acts as an adjuvant. It is mild astringent, soothing & protective to skin & antipruritic, hence it is useful in irritating skin lesions like sunburn, eczema or slight excoriation.

In dusting powder it mixed with boric acid → check excessive perspiration.

In adhesive plasters.

Bentonite:-

It is a native hydrated aluminium silicate free from grittiness, insoluble in water but swells upto 12 times its volume forming homogenous

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- Carditis
- Erythema marginatum
- Chorea

Minor

- Clinical - fever, polyarthrititis
- $\uparrow$ ESR
- ECG - PR $\uparrow$

Major manifestations:- Carditis, polyarthrititis, chorea, erythema marginatum, Subcutaneous nodules.

Minor manifestation:-
 ① Clinical - fever, polyarthrititis
 ② Laboratory - Raised ESR / Leucocyte Count
 ③ ECG findings $\rightarrow$ $\uparrow$ P-R interval ^{prolonged}

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Supportive evidence of preceding streptococcal infection within last 45 days:-

- Elevated / Rising Antistreptolysin O (ASO) are other streptococcal Ab.
- OR a positive throat culture on
- Rapid antigen test for group A streptococcus
- Scarlet fever.

Prescription for adults and children ($>27\text{kg}$)

Rx

Antibiotic inj

Benzathin penicillin 1.2 million units/vial

Tab. erythromycin 250 (BD)

Director-Inj. Benzathin penicillin 1.2 million unit/vial
IM as a single dose.

Tab aspirin 75-100mg/kg per day in 4-6
divided dose for 7 days and then
50mg/kg per day for next 2-3 weeks.

Inj. Benzathin penicillin 1.2 million unit/vial

Direction:- Inj. of 1.2 million unit Benzathin
IM every 4 week up to age of 21 yrs or sys
is injected from last attack recurrence.

Signature of ABC
Rg. no XXX

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Pt. education :-

- Pt should have early and adequate t/t of sore throat.
- Pt ... contact.
- Adherence to 2nd prophylaxis up to age of 21 yrs.

Prescription for children (<27 kg)

Diagnosis Rheumatic fever

Rx

- ① tab. Aspirin 75-100 mg/kg/day
- ② Inj Benzathine penicillin 0.600,000 million unit IM single dose.
- ③ Inj. Benzathine penicillin 0.600,000 million unit IM up to age of 21 yrs or 5 yrs.

Signature of ABC
Reg No. XXX

Pt. - education
same or above.

Teacher's Signature : _____

ACUTE TONSILLITIS

Acute tonsillitis is the acute inflammation of palatine (facial) tonsil.

Aetiology -

- Acute tonsillitis often affect school going children.
- Haemolytic Streptococci is the most common infecting organism.

Clinical Features :-

- Sore throat.
- Difficulty in swallowing
- Fever
- Earache
- Constitutional symptoms like headache, malaise etc.
- Tonsils are enlarged and congested.
- Jugulodigastric lymph nodes are enlarged and tender.

Prescription :-

For Mr XYZ -
Age -
Address -
OPD No. -

Dr. ABC
MBBS
Address
Tel no.
Date -

Δ Acute tonsillitis

Rx ① Capsule Amoxicillin 500mg

Direction :- one capsule to be taken 3 times a day for 7 days.

② Tablet :- Paracetamol 500mg

Direction :- one tablet to be taken 4 times a day for 5 days and then whenever required.

③ Tablet Ibuprofen 400mg

Direction :- one tablet to be taken 3 times a day for 5 days and then whenever required.

ABC
Reg No XXX

Date _____

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Patient Education:—

- 1) patient is put to bed and encouraged to take plenty of fluids.
- 2) Salt water (curam) gargle
- 3) Steam inhalation through mouth.

Prescription:-

For M n x y z

Ag -

Address

Hosp. No.

Rx,

Prepared calamine

ZnO

Glycerine

water up to

Min and prepare lotion

to be applied externally or the affected part
twice a day without friction.

Note:- 1) Shake well before use

2) For external use only, not to be taken
internally.

ABC

Cross ml	
G	0
Z	0
Z	0
30	0

Prescription:-

For M n x y z

Ag -

Address

Hosp. No.

Rx,

Prepared calamine

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Glycerine

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ABC

Cross ml	
G	0
Z	0
Z	0
30	0

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AIM :- Prescribe Prepare and dispense 30 ml of Calamine lotion for a patient suffering from sunburn.

Ingredients	Cr or ml	
	Cr	ml
Prepared Calamine	6	0
Zinc oxide	2	0
Glycerine	2	0
Water up to	30	0

Method of preparation :-

- Take prepared calamine and ZnO in a required quantity in a dry mortar and pestle and grind them to a fine powder.
- Add Glycerine and small quantity of water and mix them to form a smooth cream, then add water again and mix well to make the final volume.
- Transfer this lotion to a measure and make the final volume, dispense with direction:
 - i) Shake well before use.
 - ii. Not to be taken internally, for external use only.

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Expt. No. 04

Page No. 15

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- Transfer this lotion to a measure and make the final volume, dispense with direction:
 - i) Shake well before use.
 - ii. Not to be taken internally, for external use only.

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Label :-

LOTION

FOR EXTERNAL USE ONLY
SHAKE WELL BEFORE USE
For Mn XYZ
Direction :- To be applied externally on affected part twice a day without friction.
Date _____ PQR

GMC Jagdalpur pharmacy Lab.

Function :-

Calamine :-

It is zinc carbonate 98% coloured with ferric oxide 2%. It is astringent, antiseptic and protective agent. Feo mild metallic astringent. It gives pink colour to the powder, which is for cosmetic reasons as it blends well with the skin colour.

Zinc oxide :-

Here it acts as an adjuvant. It is mild astringent, soothing and protective to skin and antipruritic, hence it is useful in irritating skin lesions like sunburn, eczema or slight excoriation.

In drying powders mixed with boric acid -
check excessive perspiration.

In adhesive plasters.

Label :-

LOTION

FOR EXTERNAL USE ONLY
SHAKE WELL BEFORE USE
For Mn XYZ
Direction :- To be applied externally on affected part twice a day without friction.
Date _____ PQR

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In drying powders mixed with boric acid -
check excessive perspiration.

In adhesive plasters.

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Bentonite :-

It is a native hydrated aluminium silicate free from grittiness, insoluble in water but swell up to 12 times its volume forming homogenous mass. Its as protective, absorbent and suspending agent.

Sodium Citrate :-

It acts on suspending agent and decrease the viscosity produced by bentonite.

Thixotropic Effect :- The property of Gels certain gel that they liquify when agitated and revert to a gel on standing eg Sodium Citrate.

Other uses :-

It can be systemically as an anticoagulant

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Expt. No. _____

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SUSPENDING AGENTS

- Compound Powder of Tragacanth Quantity used for 30ml suspension.

Tragacanth	finely powder	150 G	60mg
Acacia	"	200 G	
Starch	"	200 G	
Sucrose	"	450 G	

- Syrup 4ml
- Glycerin 2ml
- Bentonite 600-1500mg
- Sodium alginate 300-600mg
- Methyl Cellulose 300mg

LOTION CALAMINE I.P. (1996)

Formula	Working formula	G or ml	
Prepared Calamine	150 G 150	7.5	6 0
Zinc Oxide	50 G	2.5	2 0
Bentonite	30 G	1.5	- -
Sodium Citrate	5 G	0.25	- -
Liquified phenol	5 ml	0.25	- -
Glycerine	50ml	2.5	2 0
Rose water to	1000ml	50ml	30 0

It is the only official lotion advocated by I.P. others are extemporaneous, It is marketed and Lactocalamine.

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LIQUIDIFIED PHENOL :- (Carbolic acid)

a. Mild solution (0.2-1%) mostly bacteriostatic and is used as an antiseptic.

Concentrated solution (2 to 5%) is chiefly bacteriocidal and is used as a disinfectant.

b) It is locally irritant, caustic (antipruritic) and mild caustic. Formerly it was used as a local analgesic drug with glycerine properties are ↓ by Glycerins alc. and fixed oils as they all affect its solubility.

• Liquid phenol 0.4% phenol in distilled water.

GLYCERINE :-

1. Suspending agent.
2. Hygroscopic agent - It relieves oedema of boils and carbuncles.
3. Antiseptic (25% conc.)
4. - It is used as a linctor because of viscid nature and its ability to adhere to the mucosa.
5. Preservative (20-40% conc) As it retards hydrolytic decomposition of certain inorganic and organic substance.
6. Emollient - It renders the skin supple specially when diluted with water in the ratio of 1:3
7. Sweetening agent.
8. It can be used on suppository for relief of Constipation.
9. It is irritant when applied in a concentration from.

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10) It can be given or an emulsion (4ml of Glycerine added to 16ml of warm water).

11) As a

C/I : In conditions where there is much exudation because of formation due to prescription of protein in exudate.

VIVA :-

1. What is meant by a lotion?
2. Name of types of lotion?
3. What is the role of each ingredient in Calamine lotion?
4. What are the uses of Calamine lotions?
5. Which substance gives the pink colour to lotion and its significance?
6. What is the function of ferric oxide in this preparation?
7. Why is Glyceric added to the lotion?
8. What are absorbents? How do they act? Give some example?
9. What do you understand by "thixotropic effect"?

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Gastroesophageal Reflux disease (GERD)

GERD affects 20% of adults, who report at least weekly episodes of heart burn, and up to 10% Co of daily symptoms. Though most patient have mild disease, up to 50% develops esophageal mucosal damage (reflex esophagitis) and a few develop more serious complications.

Factors which promote GERD

Mechanism

1. Impaired efficiency of LES

Factors

- Hiatal hernia
- Sx to lower esophagus
eg: Cardiomyotomy
- Diabetes mellitus
- Prolonged neuro-gastric intubation
- Scleroderma

2. Impaired efficiency of LES and 2° peristalsis

3. Reduction in LES Pressure

- Fatty food
- Caffeine

4. Reduction in LES Pressure and impairment of oesophageal mucosal function

- Alcohol

5. ↑ intra uterine abdominal pressure and reduction in LES due to Circulating hormones.

- Pregnancy

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6. ↑ intra-abdominal pressure

- obesity
- Ascites
- Sx corrects.
- Bending and lifting

7. gastric contents available for reflux

- Impaired gastric emptying
- Pyloric obstruction
- gastroparesis
- During eg. - anticholinergic fatty food.

↑ vol. of gastric content.
Large meals, Zollinger-Ellison Syndrome.

Clinical Features:-

1. Burning retrosternal (Heart Burn) discomfort is the main symptoms. This most often occurs 30-60 min after meals and upon reclining.
2. Odynophagia (painful swallowing)
3. chest pain (atypical) which may be severe can mimic angina.
4. Regurgitation.

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Prescription:-

1. Δ Mild GERD

Rx

Tb. Ranitidine 150mg + OD 30 mins before
breakfast X 1 month

2. Δ moderate to severe GERD

Rx

Tb. Pantoprazole 20mg : OD 30min before BF
X 1 month

or

Tb. Rabeprazole 20mg : OD " "

or

Tb. Lansoprazole 30mg : BD " " X 3 month

Patient Education:-

1. wt. loss, avoidance of last night meals, elevations of
headend of bed.
2. avoid chocolate, caffeine, tobacco, alcohol,
mint, orange juice.
3. and certain medications (anticholinergic drugs,
Ca channel blocker etc.)

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PEPTIC ULCERS

The term 'peptic ulcer' refers to as ulcer in the lower oesophageal, stomach, duodenum, in the jejunum after surgical anastomosis to the stomach or rarely in the ileum adjacent to ileocecal diverticulum. Ulcer in the stomach or duodenum may be acute or chronic.

The male to female ratio for duodenal ulcer varies from 5:1 to 2:1, while gastric ulcers in 2:1 or less.

Aetiology:-

- ① Helicobacter pylori
- ② Heridity - more 1° relatives.
- ③ NSAIDs
- ④ Smoking
- ⑤ Acid pepsin vers and mucosal resistance.

Clinical Features:-

1. Abdominal pain which for 3 notable characteristics localization to the epigastrium, relationship to food and episodic occurrence (commonest)
2. Epigastric pain:- "Painting Sign"
3. Hunger pain
4. Night pain (pathognomic)
5. Pain relief.
6. Episodic pain (periodicity) "on again/off again"
7. after symptoms.

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specially during episodes of pain indicate water bowel, heartburn, loss of appetite and vomiting.

In a third of patients the Rx is less characteristic especially true in elderly subjects under Rx with NSAIDs pain may be absent or so slight vague sense of epigastric unease.

In some pts ulcer is completely silent presenting for 1st time with anemia from chronic undetected blood loss, or or occult haematemesis or or acute perforations.

Rx

Inhibit or neutralise gastric acid or protect the mucosa.

Major classes of drug used are

- ① H_2O receptor antagonist
(Cimetidine, ranitidine, famotidine, nizatidine) - limits both basal and stimulated acid Reaction.
2. Ant-acids ($Al_2(OH)_3$, $Mg(OH)_2$, Calcium Carbonate, others) neutralise the gastric acid and provide relatively prompt relief of symptoms once started.
3. Proton pump inhibitor (omeprazole) - most important antiscratory agent which limits the terminal step in acid secretion.

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4. Sucralfate :- mucosal protectant without significant antacid effect -

Recommended Rx regimne for H. pylori:

Name	Drug 1	Drug 2	Drug 3	Drug 4
OCA	Omeprazole 20mg BD	Clarithromycin 500mg BD	Amoxicillin 1g BD	—
OCM	"	"	Metronidazole 500mg BD	—
OBTM	"	Bismuth subsalicylate TT Tbs qid	Tetracycline 500mg qid	Metronidazole

Prescription :-

1. Δ peptic ulcer

Rx

• Cap. omeprazole 20mg + DD x 1 month
30 mins before BF

• Syn Digene 2 tsp + ds 1/2 hr after meal.
(2-3 hrs usually compliance)

Refill - come back for refill after 1 month
(Rx to be contained for 6 wks.)

2. Δ H. pylori induced peptic ulcer

Rx

Cap. omeprazole 20mg : BD
Tb. clarithromycin 500mg : BD
Tb. Amoxicillin 500mg : BD } X wks

Date _____

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Directions- to be taken along with meals.

Pt. Education :-

- ① Avoid spicy food, Alcohol and smoking (du)
- ② Nutritive diet taken at regular intervals
restriction of coffee, tea, Cola, beverages,
alcohol and smoking (du).

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Aim :- To study the effects of drugs on perfused isolated frog heart.

Requirement :- Animal frog.

Physiological soln :- Frog : Ringer or Ringer Locke Soln.

Stock Solution :-

Adrenaline	0.5 ml of 0.0015%	50 kg/ml
Acetyl choline	0.5 ml of 0.001%	10 kg/ml
Calcium chloride	0.5 ml of 0.5%	5 mg/ml
Potassium chloride	0.5 ml of 1%	10 mg/ml

Apparatus :-

Marrowlot's Bottle.

Syme's Cannula

Dissection instruments

Starling heart level.

Murphy's drip set (IV perfusion set)

Stand with necessary holder

Kymograph.

Procedure :-

Frog is dissected to expose the heart after pithing pericardium is removed. The sinus venosus is cannulated. After cutting the blood vessels the heart is removed from thoracic cavity and it fixed to apparatus. It is

Teacher's Signature : _____

perfused with frog singer solution from Mariott's Bottle. The apex of the heart is fixed to starting heart level with thread. The contraction of the frog heart are recorded on the kymograph paper.

Observation and Comments :-

- ① Amplitude of contractions :- total height of contraction increase indicates a forceful contraction and so stimulation.
- ② Tone :- Increase in tone is indicated by the rise of base line.
- ③ Rate :- The Heart Rate at any particular time can be counted by observing the movement of the lever or can distance of bedscribed as no of contraction in unit distance of the paper the curve are closer to each other when heart is stimulate and apart when depressed.

Drug	Response		
	Tone	Rate and Rhythm	Amplitude
1) Adrenaline	↑	↑	↑
2) Acetylcholine	↓	↓	↓ M ₂
3) Atropine	↑	↓	↑ M ₂
4) Calcium chloride	↑	↑	↑
5) Potassium chloride	↓	↓	↓

} Myocardial cell.

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Inference :-

① Adrenaline increase the cardiac activity through β_1 receptor.

2. Acetyl ~~ch~~ choline decrease rate and force contraction M_2 receptor.

3. Atropine blocks M_2 receptor. ACh after pinisation. It has no receptor or all the M_2 receptors are blocked.

4. Calcium chloride and potassium chloride increase and decrease the tones of myocardium respectively by acting directly on myocardial cell.

Aim :- To record a dose response curve of acetylcholine using rectus abdominus muscle preparation of frog to demonstrate the nicotinic action of acetylcholine on skeletal muscle.

Requirement :- Animal frog.

Drug :- Acetylcholine, stock solⁿ (1mg/mL)
Frog Ringer's Solution.

Procedure :- Pith on scar the frog and by it anits back on the frog dissection board. pith the four units. Remove the skin on the abdomen and expose the rectus muscle preparations before detaching the muscle fiber from the body of the frog. Mount the preparation in upright position in the organ both containing frog Ringer's Solution under a tension of 1g. There is no need of maintaining the both temperature since it is an amphibian tissue preparation. Bubble the organ both with air. Relax the tissue for 45 min during which period wash the tissue with fresh Ringer's solⁿ. for at least four times. Record the Contractions due to acetylcholine using either simple sideways on frontal writing level ninty second Contract time and a total 6 min. time cycle may be used for proper reading the resposns.

Steps of Recording the response:-

- Start the drum and record baseline.
- Add the drug and record response for 90 sec.
- Stop drum give 2-3 washing.
- Give 3-5 min time for tissue relaxation.

Record of least six response of increasing dose of acetylcholine or till you get the maximum response. The maximum dose response is achieved one gets same on slightly less response.

Inference :-

Acetylcholine facilitates contraction of muscle. Height of response is increased when the dose is increased. But once maximum height is recorded further addition of against will not change the height of response.

The dose is called as supra maximum dose effect. Gradual increase in a dose of ACh produces dose dependent contractile response till ceiling effect is reached. Plot the height of contraction of ACh is graph will log dose - Response curve is sigmoid in shape where as dose - response curve.

Dose in microgram	log dose	Height of Contraction (mm)
20 Hg/ml	1.3010	10 mm
40 Hg/ml	1.6020	15 mm
80 Hg/ml	1.9030	16 mm
160 Hg/ml	2.2040	20 mm

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320 $\mu\text{g/mL}$	2.5050	22 mm
640 $\mu\text{g/mL}$	2.5050	22 mm

Discussion :-

ACh is the neurohumoral substance for somatic Nerve Motor End plate contains nicotinic receptors on which ACh will act to produce stimulation of skeletal muscle. Since the response obtained from frog Hetero abdominalis moist preparation is uniform and sustained, this experiment can be used for the bio ~~assay~~^{assay} of acetyl choline, Bio assay is the determination or estimation of the amount of biological activity in a unit quantity of preparation.

Procedure: —

- weight and number the animals. Divide them into two groups each consisting of 4-5 wets. one group is used as control and other for phenytoin treatment.
- Hold the animal properly. Place corneal/ear electrodes and apply the prescribed current. Note different stages of convulsion. Note the time spent by the animal in each phase of convulsions. Repeat with other animals of control ~~group~~ group.
- Inj. phenytoin intra-peritoneally to a group of 4-5 rats wait for 30 min. and subject the animal to electroconvulsion.
- Note the reduction in time or abolition of tonic extensor phase of MES convulsions.
- Inference - A reduction or complete abolition of tonic extensor phase is considered as anticonvulsant property of a drug. Phenytoin sodium abolishes MES induced tonic extensor phase.

LEPROSY

Leprosy (Hansen's disease) is a chronic infectious disease caused by mycobacterium leprae. It primarily affects skin, mouth, peripheral nerves, nasal mucosa, eye, testis, capsule of affecting any tissue or organs.

Clinical feature -

- Skin lesions are hypopigmented macule/papule/patch
- Anaesthesia of affected part.
- Present on thickened nerve.
- Peripheral neuropathy.
- Hypopigmented erythematous macule/papule usually multiple in Lepromatous leprosy and single in case of tuberculoid leprosy.
- Eye involvement may cause blindness
- Damage to nasal septum leading to Depressed nasal Bridge.

Classification of Leprosy - NLEP (2009)

Paucibacillary
1-5 skin lesions

Multibacillary
6 or more skin lesions

No nerve / 1 nerve involved more than 1 nerve involved.

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① Prescription for Multibacillary leprosy →
Δ leprosy.

Rx

① Capsule Rifampicin 600 mg

Direction: - one capsule to be taken orally
once a month on empty stomach
under supervision for 12 months.

② Tablet - Dapsone 100 mg

Direction - one tablet to be taken once a
day for 12 month.

③ Capsule clofazimine 300 mg

Direction - one capsule to be taken once
a month under supervision for
12 month.

④ Capsule clofazimine 50 mg

Direction - one capsule to be taken once
a day for 12 months.

ABC

Reg No. XXX

Pt. Education →

① Pt. should take medicine regularly.

② Pt should be explained about orange colour of
body secretion and urine due to Rifampicin.

Teacher's Signature : _____

A) Prescription for uncomplicated malaria
 Δ vivax (also ovale, malariae)

Rx
 Tab. chloroquine phosphate 250mg (150mg base)
 Direction - 4 tablets as a single dose
 followed by 2 tablets at 8 hrs
 then for next 2

Tab. Primaquine 15 mg
 Direction - 1 tablet daily x 15 days.

Tab. PCM 500 mg
 Direction: - 1 tablet - 3 times a day x 3 days and
 then and as when required.

B) Δ chloroquine sensitive malaria PF.

Rx,

Tab. chloroquine phosphate 250mg (150mg base)
 Direction: - 4 tablets as a single dose followed
 by 2 tab. and then for next 2 days.

Tab. Primaquine 15 mg
 Direction - 3 tablets taken to be as
 single dose.

Tab. PCM
 Direction - 1 tablet 3 times a day x 3 days
 and then as and when reqd.

ABC
 Reg No. XXX

Date _____

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Expt. No. _____

Patient Education →

- Measure should be taken to prevent mosquito breeding eg proper sewage drainage, preventing stagnation of water and spreading oil over the water helps to kill the larva.
- Protective measures should be taken like sleeping under mosquito net and wearing protective clothing.
- Travellers to endemic area must take prophylaxis.

B plus

B out
out of 10