

Q.P. CODE: 622010

Reg. No: .....

**Sixth Semester B.Sc Nursing Degree Regular Examinations February 2025**  
**Mental Health Nursing - I & II**

Time: 3 Hrs

Max. Marks: 75

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers
- Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Draw diagrams wherever necessary

**1. Multiple Choice Questions****(12x1=12)****(Choose the most appropriate answer from the options given)****The Answers to MCQ questions (Q.No. i to Q.No. xii) shall be written continuously on the first two writing sheets (ie Page No. 3 & 4) only**

- Electroconvulsive therapy is most effective for clients with:
  - Depression with suicidal risk
  - Obsessive compulsive disorder
  - Alcohol dependence syndrome
  - Personality disorder
- The defense mechanism in which instinctual energies are redirected into socially acceptable ways is called as:
  - Repression
  - Sublimation
  - Regression
  - Projection
- Exposing the client to phobic object in a non-graded manner, where escape is made impossible is termed as:
  - Chaining
  - Modeling
  - Flooding
  - Extinction
- Very severe elevation of mood is termed as
  - Exaltation
  - Elation
  - Euphoria
  - Ecstasy
- The therapeutic level of Tab. Lithium Carbonate is
  - 0.6 to 1 mEq/lit
  - 0.6 to 1.2 mEq/lit
  - 0.6 to 2 mEq/lit
  - 0.6 to 2.5 mEq/lit
- The drug given to treat Acute Dystonia is
  - Inj. Diazepam
  - Inj. Lorazepam
  - Inj. Phenargan
  - Inj. Atropine
- Sundowner syndrome that is seen in patients with dementia is best understood as
  - Restlessness and confusion worsening in the evening
  - Unconscious filling up of memory gaps
  - Attempts to compensate stereotyped activities
  - Memory impairment seen in the morning
- When caring for patients under physical restraint, the nurse should:
  - Perform passive range of motion exercise every 4 hourly
  - Increase the sensory stimuli
  - Leave the patient unattended for 2 hours
  - Observe numbness and cyanosis over the extremities
- Repeated change of physicians /doctor shopping is common among patients with :
  - Hypochondriasis
  - Post Traumatic Stress Disorder
  - Phobic disorder
  - Depressive Neurosis

**(PTO)**

- x. Patient believes that there is a computer in his stomach that controls his bowel movements, this symptom is an example of
  - a) Ideas of reference
  - b) Somatic delusion
  - c) Delusion of grandeur
  - d) Somatic Hallucination
- xi. Among the following diagnosis, which has the typical symptom of early morning awakening
  - a) Mania
  - b) Depression
  - c) Schizophrenia
  - d) Cyclothymia
- xii. The characteristic clinical features of attention deficit hyperactivity disorder is
  - a) Poor attention span, hyperactivity, motor tics
  - b) Hyperactivity, vocal tics, obsessions and compulsions
  - c) Impulsivity, hyperactivity, poor attention span with distractibility.
  - d) Physical violence, fire setting, assaulting

**Essays**

**(2x15=30)**

- 2. a) Define Intellectual Disability
  - b) Describe the etiology and clinical manifestations of intellectual disability
  - c) Devise a nursing care plan for a child with Intellectual Disability
3. Describe the Principles of Mental Health Nursing in detail

**(2+5+8)**

**Short notes**

**(5x5=25)**

- 4. Therapeutic communication techniques
- 5. Types of Schizophrenia
- 6. Delirium Tremens
- 7. Paraphilias
- 8. Types of admission in Psychiatric Hospital

**Differentiate between**

**(4x2=8)**

- 9. Visual Hallucination and Illusion
- 10. Circumstantiality and Tangentiality
- 11. Obsession and Compulsion
- 12. Delirium and Dementia

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