

Triads of some important diseases ..

► TRIAD OF ALPORT'S SYNDROME --

- SENSORINEURAL DEAFNESS,
- PROGRESSIVE RENAL FAILURE,
- OCULAR ANOMALIES

► TRIAD OF BEHCET'S SYNDROME --

- RECURRENT ORAL ULCERS,
- GENITAL ULCERS,
- IRIDOCYCLITIS.

► BECK'S TRIAD --

- MUFFLED HEART SOUND,
- DISTENDED NECK VEINS,
- HYPOTENSION.

► CHARCOT'S TRIAD --

- PAIN+FEVER+JAUNDICE

► GRADENIGO'S TRIAD -

- SIXTH CRANIAL N. Palsy,
- PERSISTENT EAR DISCHARGE,
- DEEP SEATED RETRO-ORBITAL PAIN

► Triad Of Hypernephroma --

- pain+
- hematuria+
- renal Mass.

► Triad of Wilm's tumor:

- Fever +
- Mass +
- Hematuria

► Hutchinson's Triad ---

- Hutchison's Teeth,
- Interstitial Keratitis,
- Nerve Deafness.

► Triad Of Kwashiorkor-

- Growth Retardation,
- Mental Changes,
- Edema.

► Saint's Triad ---

- Gall Stones,
- Diverticulosis,
- Hiatus Hernia.

► Trotter's Triad --

- Conductive Deafness,
- Immobility Of Homolateral Soft Palate,
- Trigeminal Neuralgia.

Mnemonic: NPC- neuralgia, palatal paralysis, conductive deafness

► VIRCHOW'S TRIAD --

- STASIS+
- HYPERCOAGULABILITY+
- VESSEL INJURY.

► SAMTER'S TRIAD --

- ASPIRIN SENSITIVITY,
- BRONCHIAL ASTHMA,
- NASAL POLYP.

► Grancher's triad--

- lessened vesicular quality of breathing,
- skodaic resonance, and
- increased vocal fremitus; seen in early pulmonary tuberculosis.

► Osler's triad--

- telangiectasis,

- capillary fragility, and
- hereditary hemorrhagic diathesis seen in hereditary hemorrhagic telangiectasia.

► BARTTER'S SYNDROME -

- METABOLIC ALKALOSIS,
- HYPOKALEMIA,
- NORMAL OR DECREASED BP.

► Weil's Disease--

- Hepatorenal Damage,
- Bleeding Diathesis,
- Pyrexia.

► Meniere's Disease --

- Vertigo,
- Tinnitus,
- Sensorineural Hearing Loss.

► Melkersson Rosenthal Syndrome--

- recurrent Facial Palsy,
- Plication Of Tongue,
- Facial Edema.

► Parkinsonism--

- Rigidity,
- Tremor
- Hypokinesia

► Cushing's triad --

- Bradycardia,
- hypertension &
- irregular respirations in increased intracranial pressure.

► Kartagener's Syndrome--

- bronchiectasis,
- Recurrent sinusitis, and
- Situs inversus.

► Hemobilia(Triad of Sandblom)--

- Malena,
- Obstructive jaundice,
- Biliary colic.

► Murphy's triad(in order)-

- Pain,
- Vomiting,
- Fever.

► WHIPPLE'S TRIAD OF INSULINOMA--

- HYPOGLYCAEMIA DURING ATTACKS,
- S.GLUCOSE <40 mg%,
- PROMPT RELIEF ON GLUCOSE ADMINISTRATION.

► Triad of HUS

- hemolytic anemia +
- acute renal failure +
- thrombocytopenia

► Triad of alkaptonuria

- Homogentistic aciduria
- Black pigmentation of cartilage and collagenous tissue
- Ochronotic arthritis

► Classic triad of Chronic mercury poisoning

- Excessive salivation and gingivitis
- Tremors
- Neuropsychiatric changes

► Adams triad or Hakim's triad for Normal Pressure

- Hydrocephalus
- urinary incontinence,
- gait disturbance, and dementia

► Bezold's triad: Three symptomatic indications of otosclerosis:

- diminished aural perception of low frequency tones,
- retarded bone conduction,
- negative Rinne test

► Hand-Schüller-Christian disease triad of

- exophthalmos,
- lytic bone lesions (often in the skull), and
- diabetes insipidus

► UNHAPPY TRIAD

An unhappy triad (or terrible triad, "horrible triangle", O'Donoghue's triad or a "blown knee") is an injury to the anterior cruciate ligament, medial collateral ligament, and the meniscus. The triad refers to a complete or partial tear of the anterior cruciate ligament, medial collateral ligament, and the meniscus.

► Dieulafoy's triad:

- hyperesthesia of the skin,
- exquisite tenderness and
- guarding over McBurney's point, considered a classic sign of acute appendicitis

► Vogt Triad of tuberous sclerosis: Mental Retardation

Adenoma Sebaceum Seizures

► Miller fisher syndrome: Variant of GBS. It usually affects
the eye muscles first and presents with the triad of

• ophthalmoplegia, • ataxia, and • areflexia.

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