

# Introduction To Metabolism

## What is Metabolism?

- Metabolism is a **network of metabolic /biochemical reactions.**
  - Carried out in living cells.
  - In a **well organized, integrated and regulated manner.**
  - Related to various biomolecules viz
    - **Carbohydrates**
    - **Lipids**
    - **Proteins**
    - **Nucleoproteins**
- 
- Metabolism involves **interconversions of chemical compounds** in the body.
- 
- **Metabolite precursors** are transformed to **end products** via many **specific intermediates.**

- **Metabolism is the sum of the chemical changes that convert:**
  - **Nutrients into energy.**
  - Chemically **complex substances** of cells into **simpler forms**.
  - Chemically **simple substances** into functional **complex biomolecules**.

## The Sun is Energy for Life

- **Phototrophs (Plants)** use light to drive synthesis of organic molecules.
- **Heterotrophs (Animals)** use these as building blocks.
- **CO<sub>2</sub>, O<sub>2</sub> and H<sub>2</sub>O** are recycled.



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## Importance Of Metabolism

- Normal Metabolism is vital for health, growth, reproduction and good survival of human beings.

## Role of Enzymes and Hormones in Metabolism

- **Enzymes along with Coenzymes biocatalyze specific metabolic reactions.**
- Thus Enzymes **are “Functional units of Metabolism”**

- **Hormones** are chemical messengers of human body. They are **regulators of Enzyme activity**.

(Hormones Stimulate/Inhibit Enzyme activity)

- **Enzyme** reactions are organized into **discrete pathways**.

# Metabolite

- Metabolite is a **substrate or a reactant** undergoing a biochemical/metabolic reaction.

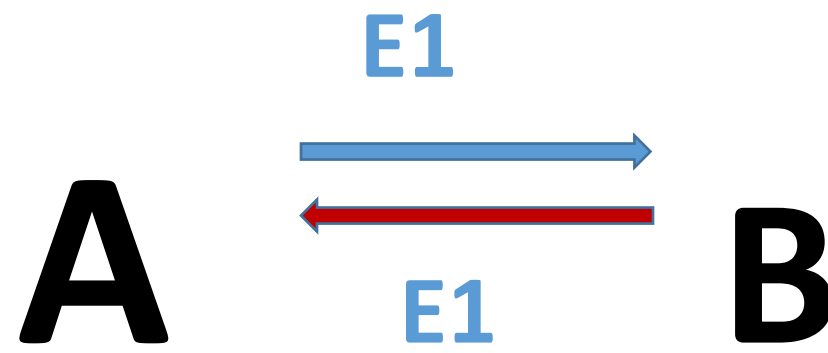
## Metabolic Reaction

- Metabolic reaction is a biochemical reaction where a metabolite is specifically reacted by an Enzyme and Coenzyme to give a product.

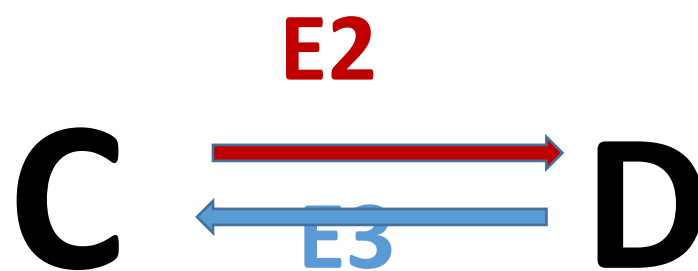


# Types Of Metabolic Reactions

- **Reversible Reactions** – Same Enzyme is required.
- Not regulatory steps.



- **Irreversible Reactions-**
  - Different set of Enzyme required.
  - Non equilibrium Reactions.
  - **Regulatory steps.**





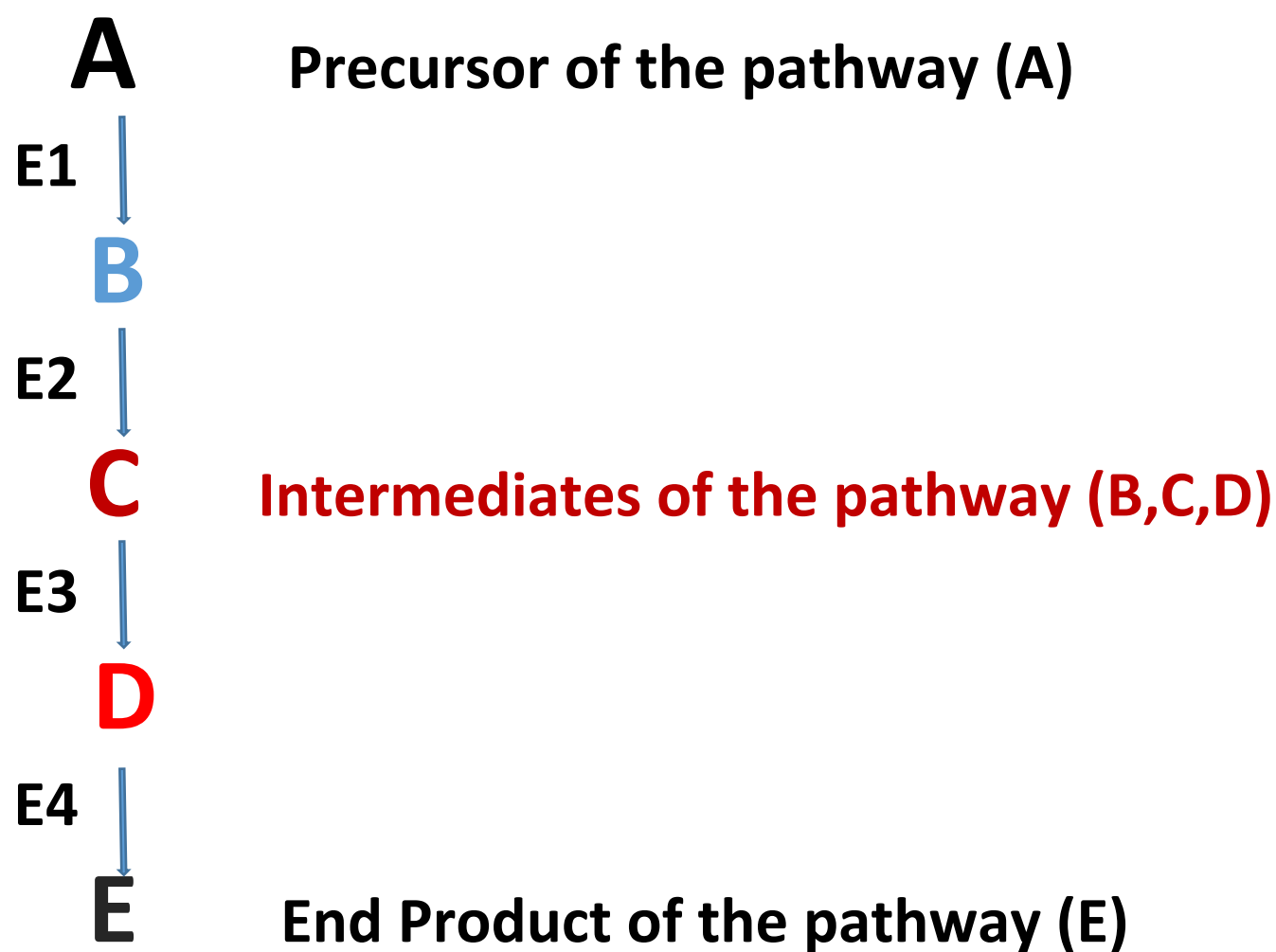
# Types Of Biochemical Reactions

- **Oxidation/Dehydrogenation/Hydroxylation**
- **Reduction**
- **Hydrolytic**
- **Carboxylation**
- **Decarboxylation**

- **Phosphorylation**
- **Dephosphorylation**
- **Amination**
- **Deamination**
- **Isomerization**
- **Hydration**
- **Dehydration**

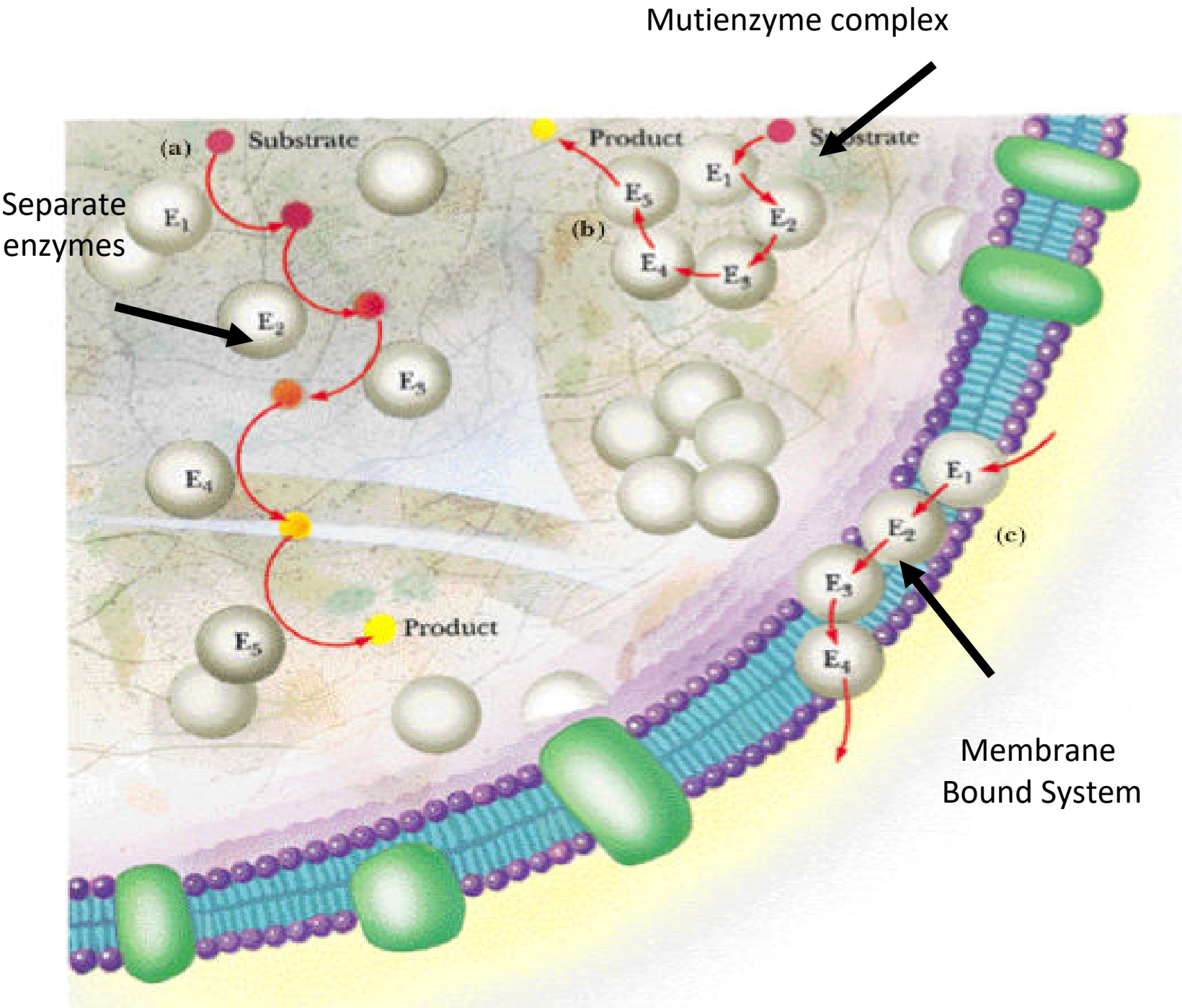
## Metabolic Pathway

- Metabolic pathway is a **series of well defined and significant biochemical reactions** followed one after another giving **intermediate products** and finally **end product** of the pathway.



## Organization of Pathways

- Pathways consist of sequential steps.
- The enzymes may be **separate**.
- May form a **multienzyme complex**.
- May be a **membrane-bound system**.
- New research indicates that **multienzyme complexes are more common** than once thought.



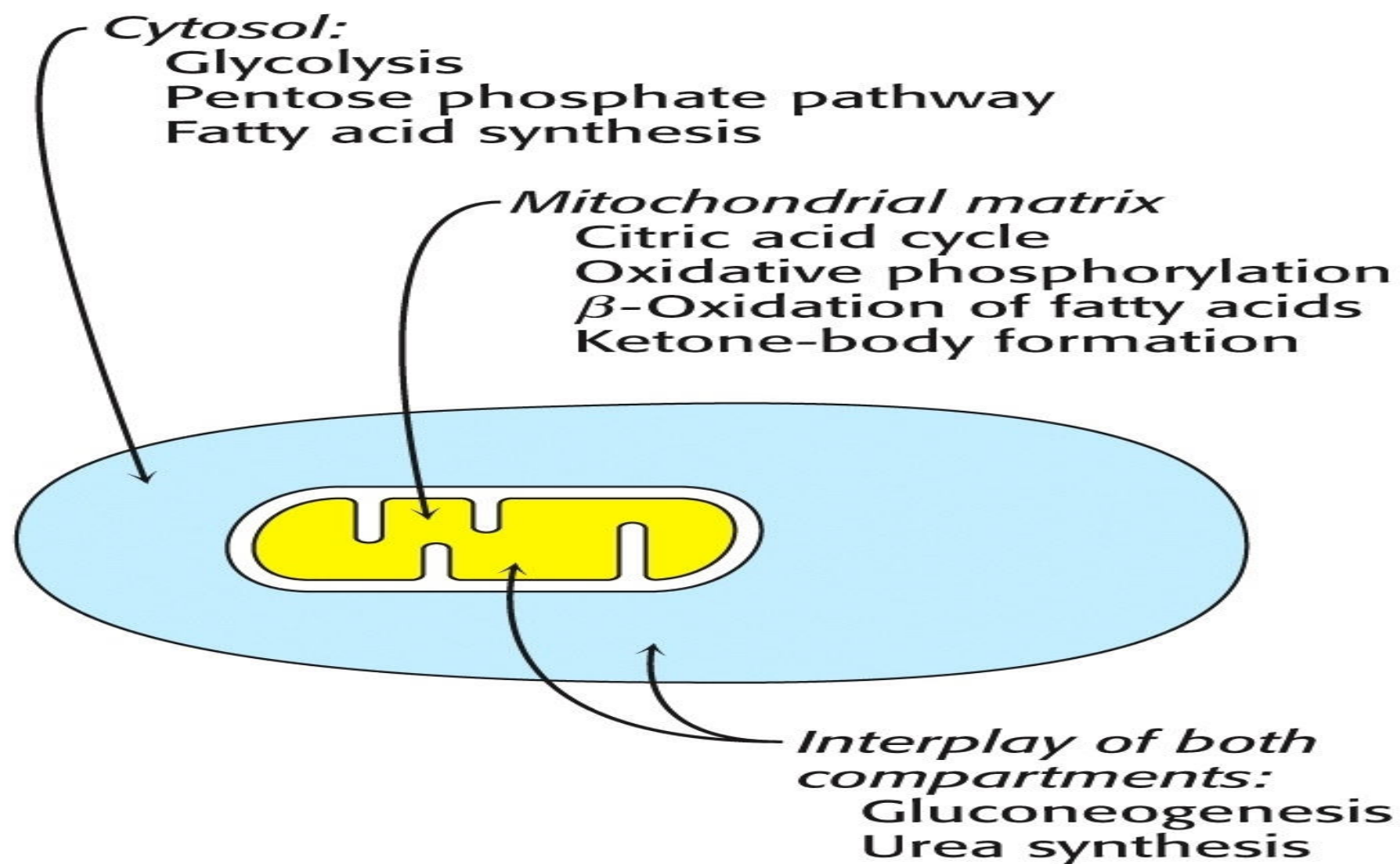
# Organization of Pathways

Closed Loop  
(intermediates recycled)

Linear  
(product of rxns are  
substrates for  
subsequent rxns)

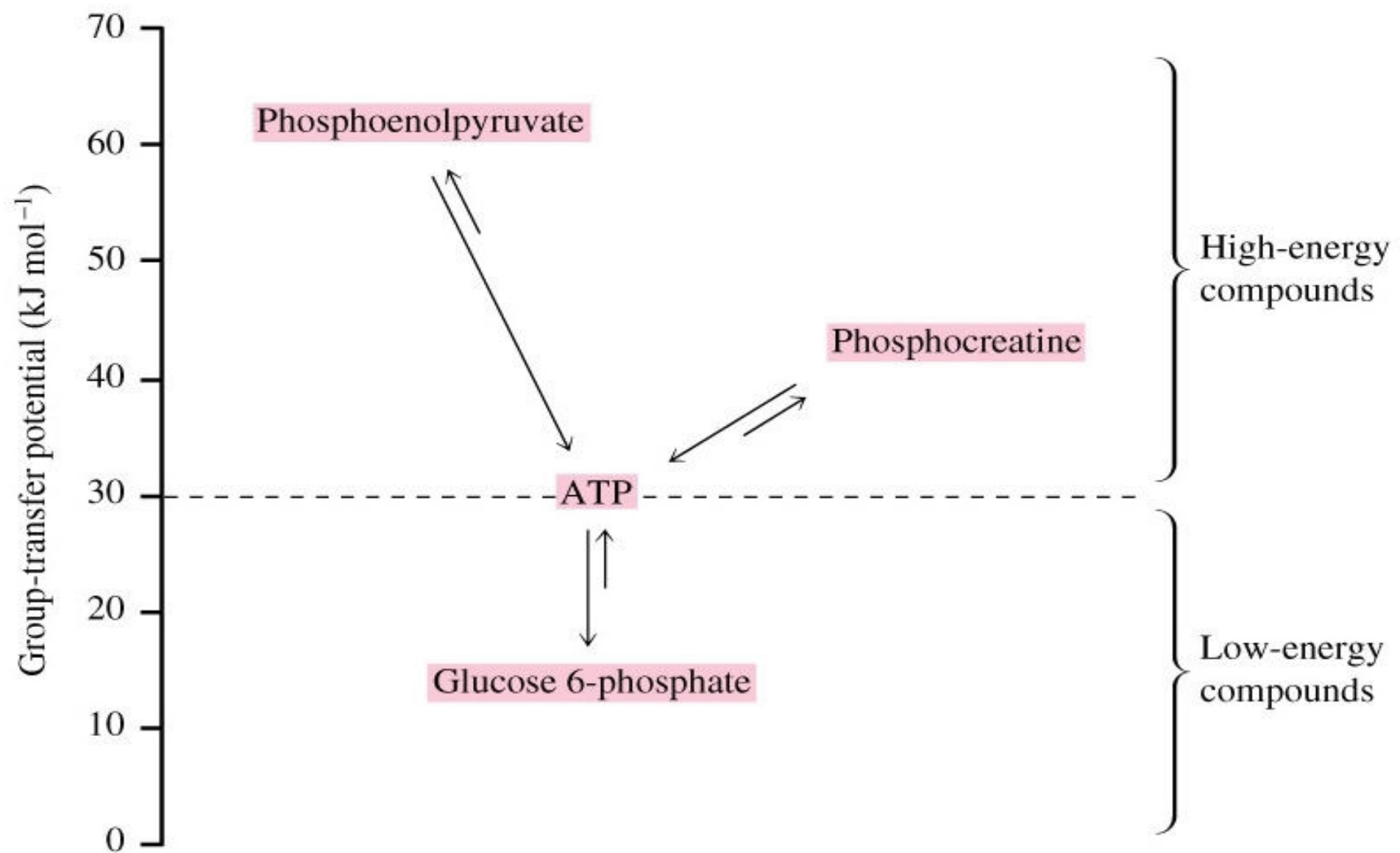
Spiral  
(same set of  
enzymes used  
repeatedly)

# Compartmentalization Of Metabolic Pathways



- Compartmentalization of pathways permits **integration** and **regulation** of metabolism.

# Phosphoryl-group Transfer



## Types Of Metabolic Pathway

- **Catabolic/Degradative /Energy Generating/ATP producing Pathways/Exothermic.**
- **Anabolic/Synthetic/Energy Utilizing/ATP Using Pathways/Endothermic.**

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**Energy-yielding nutrients**

- Carbohydrates
- Fats
- Proteins

**Catabolism**  
(oxidative, exergonic)

**Energy-poor end products**

- H<sub>2</sub>O
- CO<sub>2</sub>
- NH<sub>3</sub>

**Chemical energy**

**ATP**

**NADPH**

**Cell macromolecules**

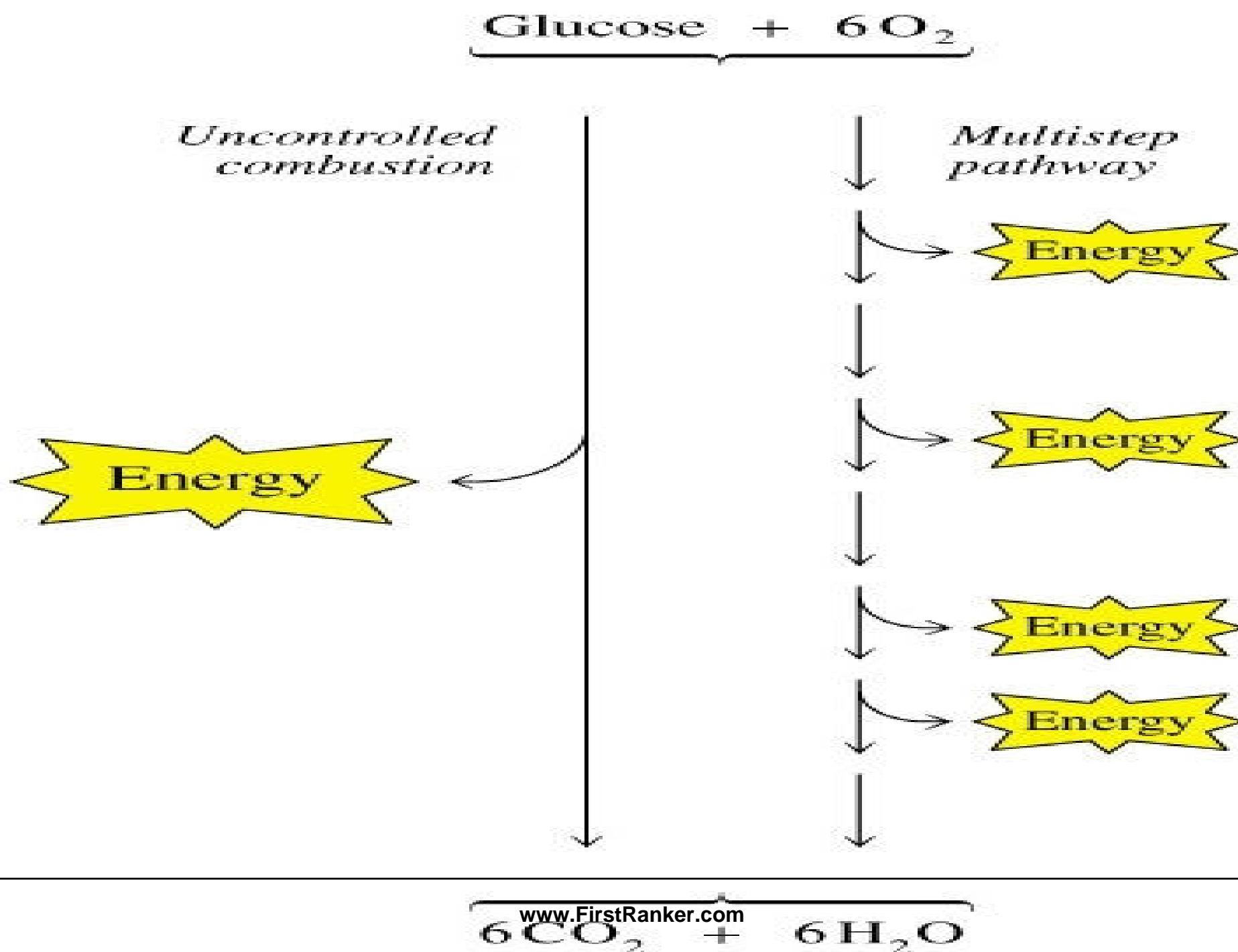
- Proteins
- Polysaccharides
- Lipids
- Nucleic acids

**Anabolism**  
(reductive, endergonic)

**Precursor molecules**

- Amino acids
- Sugars
- Fatty acids
- Nitrogenous bases

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- Some pathways serve both in catabolism and anabolism ,those are **Amphibolic pathways.**
- **Amphibolic Pathways** occur at the crossroads of metabolism.
- **Amphibolic pathways** links between **Anabolic and Catabolic pathways.**

# Regulation of Metabolic Pathways

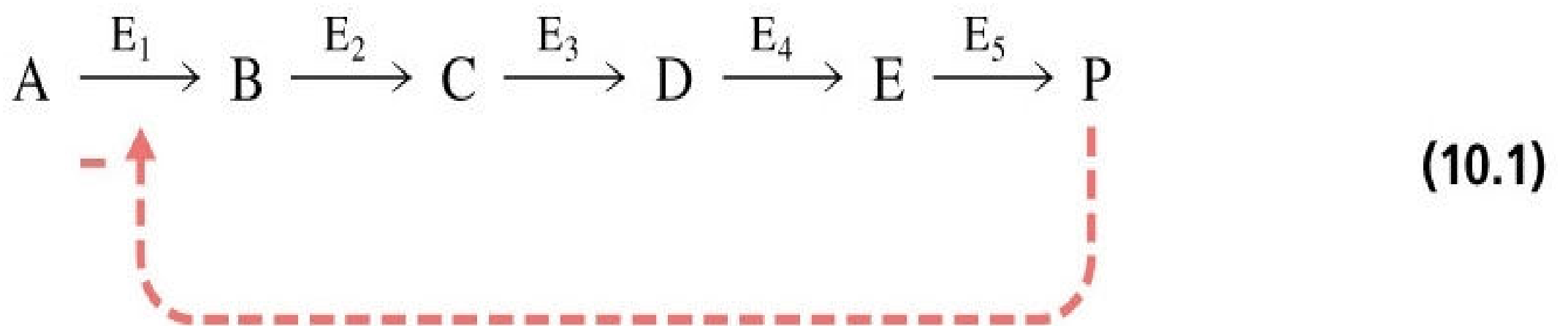
- Regulation means **stimulation and inhibition of pathways** as per cellular need.
- **Hormones regulate** the metabolic pathways.
- Metabolic pathways are regulated to allow the organism to **respond to changing conditions.**

- Every metabolic pathway has its **specific regulatory enzymes/key enzymes.**
- Hormones regulate by either stimulating /inhibiting the **regulatory/key enzymes** of the pathway.

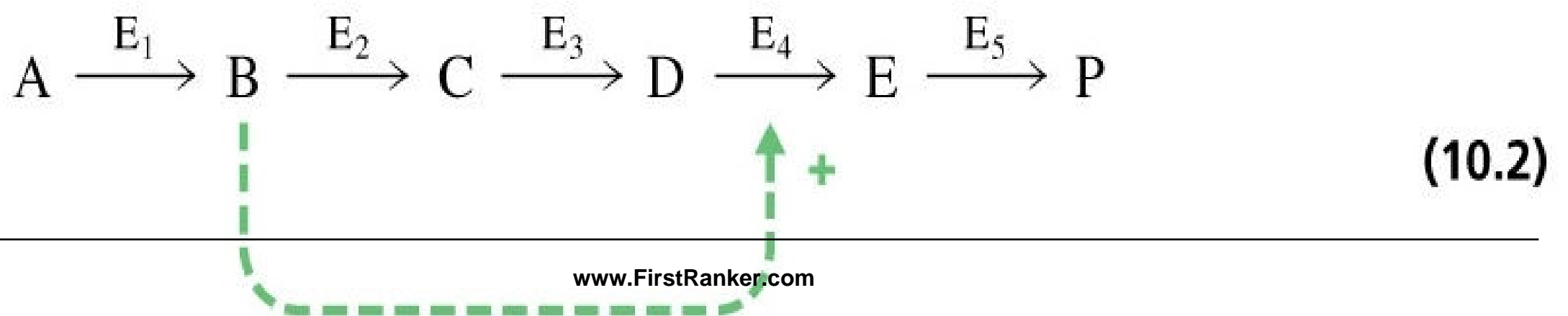
## **Modes Of Metabolic Regulation**

- **Allosteric regulation**
- **Covalent modification**
- **Control of enzyme levels**
- **Compartmentalization**
- **Metabolic specialization of organs**

- **Feedback inhibition** – product of pathway down regulates activity of early step in pathway



- **Feedforward activation** – metabolite produced early in pathway activates down stream enzyme



## Regulating Related Catabolic and Anabolic Pathways

- **Anabolic & catabolic pathways** involving the **same compounds** are **not the same**.
- **Some steps** may be **common to both**
- **Others** must be **different** - to ensure that each pathway is spontaneous.
- This also **allows regulation** mechanisms to turn **one pathway on** and **the other off**.

## Modes Of Enzymes Regulation

- Alteration in membrane permeability.
- Conversion of Inactive to Active form.
- Stimulation of mRNA translation.
- Induction of new mRNA formation.
- Repression of mRNA formation.

- **Knowledge of normal metabolism is essential for :**
- Understanding adaptations of
  - **Starvation**
  - **Exercise**
  - **Pregnancy and lactation.**
- Understanding of metabolic disorders.

## Abnormal Metabolism Is Due To

- ❖ **Nutritional Deficiencies**
- ❖ **Enzyme Defects**
- ❖ **Hormonal Defects**
- ❖ **Drug and Toxin Interactions**

- **Normal Enzyme and Hormonal activities gives normal metabolism and health to human body.**
- **Defect in Enzymes and Hormones derange the normal metabolism.**

## Derangement in Metabolism

- Any defect or derangement in normal pattern of metabolism leads to **metabolic disorders**.
- **Mutation in Genes** of Enzymes, forms defective Enzymes.
- Congenital defect of Enzyme leads to **Inborn Error Of Metabolism**.

# Inborn Error Of Metabolism

- **Congenital deficiency** of any single **Enzyme** of a metabolic pathway leads to **Inborn Errors of Metabolism**.

## Enzyme Deficiency of a Metabolic Pathway

- Blocks the metabolic reaction.
- Blocks the metabolic pathway.
- Accumulates and **excrete intermediate product** of the pathway.
- No formation of end product of the pathway.
- Affects other **interrelated** metabolic pathways.



# Methods Used to Study Metabolism

- **Metabolic Reactions/Metabolic Pathways were studied :**
  - **Using whole organism/Cellular fractions**
  - **Using Metabolic Probes.**
  - **Using Radioisotopes.**

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