

**Rajiv Gandhi University of Health Sciences, Karnataka****II Year B.A.M.S Degree Examination - FEBRUARY 2017****Time: Three Hours****Max. Marks: 100 Marks****SWASTHAVRITHA, PAPER-II****Q.P. CODE: 1262**

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)**Part – A (50 Marks)****LONG ESSAYS****1 x 11 = 11 Marks**

1. Write importance of Shatkarma and describe kapala bhati in detail.

SHORT ESSAYS**5 x 5 = 25 Marks**

2. Bhakti yoga
3. Bhujangasana
4. Cold hip bath
5. Mrittika majjana
6. Therapeutic effects of water in nature cure

SHORT ANSWERS**7 x 2 = 14 Marks**

7. Yama
8. Pingala nadi
- Contraindications for mud bath
10. Classification of massage
11. Types of fasting
12. Uses of green color
13. Techniques of relaxation

Part – B (50 Marks)**LONG ESSAYS****1 x 11 = 11 Marks**

14. Define family planning and explain permanent methods of family planning.

SHORT ESSAYS**5 x 5 = 25 Marks**

15. Primary health care in India
16. Principles of RNTCP
17. Child guidance clinic
18. State health administration
19. Ante natal care

SHORT ANSWERS**7 x 2 = 14 Marks**

2. Functions of sub-centers
2. Target couple
22. Female condom
23. Functions of WHO
24. UNICEF
25. Prevalence
26. Hiundu kushta nivarana sangh