

**Rajiv Gandhi University of Health Sciences, Karnataka****II Year B.A.M.S Degree Examination - OCT-2019****Time: Three Hours****Max. Marks: 100 Marks****Swasthavrittha - PAPER-II (RS-3)****Q.P. CODE: 1262**

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)**Part - A (50 Marks)****LONG ESSAYS****1 x 11 = 11 Marks**

1. Define yoga. Explain Ashtanga Yoga.

SHORT ESSAYS**5 x 5 = 25 Marks**

2. Explain shadkriya.
3. Chromo therapy
4. Mudras
5. Yogasana kala pathyapathya
6. Jala chikitsa

SHORT ANSWERS**7 x 2 = 14 Marks**

1. Niyama
2. Samyama
3. Bandhas
4. Classification of Asana
5. Sitz bath
6. Pratyahara
7. Preparation of Mud

Part - B (50 Marks)**LONG ESSAYS****1 x 11 = 11 Marks**

14. National Leprosy Eradication Programme

SHORT ESSAYS**5 x 5 = 25 Marks**

15. MCH programme
16. Temporary methods of Family Planning
17. Causes of Maternal mortality
- Define Statistics and collection of Data

19. Measures to control STD's

SHORT ANSWERS**7 x 2 = 14 Marks**

20. Data
21. Weaning
22. Oral Polio Vaccine
23. Sub centre
24. WHO
25. Nutrition in School Children
26. CARE

