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## Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - 18-Feb-2020

Time: Three Hours Max. Marks: 100 Marks

## SWASTHAVRITHA - PAPER-I (RS-3) Q.P. CODE: 1261

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS 2 x 10 = 20 Marks

- Explain role of swasthvritha paripalana in preventing life style disorders.
- Explain methods of disposal of refuse in detail.

SHORT ESSAYS 10 x 5 = 50 Marks

- Physical dimensions of health.
- Role of udvartana reducing overweight.
- Vasanta ritucharya (ahara sambandhi).
- Mutra Vega dharana janya vyadhi laxanas and prevention.
- 7. Deficiency of vitamin D and its Prevention.
- 8. Construction and working mechanism of septic tank.
- Method to control air pollution.
- Standards of lighting.
- Swasthya nashaka vyavasaya.
- 12 Physical occupational hazards and their prevention.

SHORT ANSWERS 10 x 3 = 30 Marks

- 13. Hydrogenation.
- Swasthavritha prayojan.
- 15. Define and enumerate essential amino acids.
- Benefits of anjana karma.
- 17. Nitya sevaniya dravyas.
- Oral polio vaccine.
- 19. Define communicable disease.
- Vector born disease.
- Composition of air.
- Modes of disease transmission