

Rajiv Gandhi University of Health Sciences, Karnataka**II Year B.A.M.S Degree Examination - SEP-2019**

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITHA, PAPER-I (RS-3)**Q.P. CODE: 1261**

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)**Part - A (50 Marks)****LONG ESSAYS****1 x 11 = 11 Marks**

1. Explain the effects of Adanakala on the body and describe Greeshma Ritucharya.

SHORT ESSAYS**5 x 5 = 25 Marks**

2. Arogya lakshana.
3. Name the fat soluble Vitamins and explain Vitamin E.
4. Mamsa Varga.
5. Classify Nidra and write properties of Yukta nidra.
6. Menstrual Hygiene.

SHORT ANSWERS**7 x 2 = 14 Marks**

7. Grandusha.
8. Abrahmacharya.
9. Milk Tests.
10. Balanced Diet in Ayurveda.
11. Snana.
12. Ritu Sandhi.
13. Vishamashana.

Part - B (50 Marks)**LONG ESSAYS****1 x 11 = 11 Marks**

14. Define 'Occupational Health', enlist occupational hazards with examples of occupational diseases.

SHORT ESSAYS**5 x 5 = 25 Marks**

15. Duties of school medical officer.
16. Explain Vyadhikshamatwa prakara.
17. Composition of Air.
18. Write the clinical features of Leprosy.
19. Epidemiological triad.

SHORT ANSWERS**7 x 2 = 14 Marks**

20. Personal protective equipments.
21. Incidence.
22. Nivasa yogya bhumi.
23. Hardness of water.
24. Jala upayukta matra.
25. Electric cremation.
26. Plenum ventilation.