

# Rajiv Gandhi University of Health Sciences, Karnataka

Second Year Master of Science in Clinical Psychology Degree Examination - SEP-2019

Time: Three Hours

Max. Marks: 100 Marks

## Counseling and Psychotherapy

### PAPER – I

**Q.P. CODE: 9045**

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary.

#### LONG ESSAYS (Answer any two)

**2 x 20 = 40 Marks**

1. Discuss the therapeutic techniques used in the case of children. And describe the general principles of intervention with children.
2. Describe the principles, techniques, and application of psychodynamic psychotherapy.
3. Elaborate the concept of Eclecticism, effort at integration, process, and evaluation of Eclecticism.

#### SHORT ESSAYS (Answer any six)

**6 x 10 = 60 Marks**

4. Write a note on importance of Planning and recording in psychotherapy and counseling.
5. Briefly discuss the models of counseling.
6. Explain Beck's cognitive behavior model.
7. Write a short essay on Logo therapy.
8. Discuss the current trends in dealing with anxiety disorder.
9. Define school counseling and write the scope and goals of it.
10. What are the components of social skills training?
11. Write a short note on gender sensitive counseling.

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