

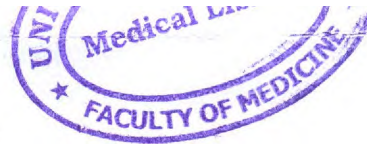
UNIVERSITY OF JAFFNA, SRI LANKA  
BACHELOR OF SCIENCE IN NURSING  
THIRD YEAR FIRST SEMESTER EXAMINATION —JAN 2016  
NURND 3105 NUTRITION AND DIET

Date: 29.01.2016

2 Hours

ANSWER ALL FOUR QUESTIONS

PART A



1.
  - 1.1. Describe diet modification helps a patient? (20 marks)
  - 1.2. What are the different kinds of modification of diet? (15 marks)
  - 1.3. Describe a diet therapy for a patient who is very deprived of nutrition but having very poor control of Diabetes mellitus (40 marks)
  - 1.4. Prepare a menu for a patient with end stage kidney disease with the available diet in your environment (25 marks)
2.
  - 2.1. Briefly describe the influence of dietary habit on coronary heart disease. (25 marks)
  - 2.2. Briefly discuss the role of the dietary habit on increasing in incidence of coronary heart disease in Sri Lanka (40 marks)
  - 2.3. Briefly discuss the "Heart healthy life style" (35 marks)

P.T.O

**PART B**

3 Briefly discuss how you will provide nutritional promotion advice in following situations as a nursing officer:

- 3.1. A multi para pregnant mother (P4 C3) with moderate anemia referred to Antenatal clinic in a tertiary health care center. Her last child is 6 month old. (30 marks)
- 3.2. An elderly person who has more than three chronic co-morbidities and living alone. (35 marks)
- 3.3. A child about to be discharged from a hospital after treatment for severe diarrhea for a week (35 marks)

4. Write short notes:

- 4.1. Nutritional assessment of an infant (25 marks)
- 4.2. Nutritional supplementation of pregnant mothers in Sri Lanka (25 marks)
- 4.3. Parenteral feeding (25 marks)
- 4.4. Feeding of a bedridden cancer patient (25 marks)