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TRICS — history taking

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1. IDENTIFICATION DATA

Name –

Age –

Residency –

Educatn –

profession –

Blood group →

LMP →

G P[TPAL]

Husband's Name –

Husband profession –

time since marriage →

Husband's Blood group →

[Booked / Unbooked]

[Registered / Referred]

EDD →

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2. Cheif COMPLAINTS → (great detail)

3. H/O PRESENT PREGNANCY

period of amenorrhea →

Conceivement → spontaneous / planned / treatment

Realizatn of pregnancy → symptoms / pregnancy test kit / other

confirmatn of pregnancy →

1st trimester

Nausea-Vomiting

Folic Acid tablets (Yellow)

Ultrasound – (& date?)

Tetanus toxoid

[Fever
Pain – abd./pelvic/back
Burning micturitn
Discharge
Bleeding p/v]

ANC visit?

2nd trimester

Iron + Folic Acid tablets

Quickening – date?

Ultrasound –

Tetanus toxoid?

[Fever
Pain – Abd/pelvic/back
bleeding – p/v]

3rd Trimester

Ultrasound

ANC visits?

bleeding p/v

[ ]

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④ NATAL
breastfeeding
Lochia ~ Odor
colour
urinat^n of mother –
feces of mother –

⑤ PAST OBSTETRICS HISTORY → * for each pregnancy *

Ⓐ Pregnancy
outcome of pregnancy
gestational age at delivery
* if Abortion (method of abort^n)

Ⓑ Delivery
Normal/C-section (why?)
LABOR [induced/spontaneous, normal/prolonged]
place of delivery →
complications →

Ⓒ Perperium
complications

Ⓓ Baby
Gender
Age (current)
Birth wt.
breastfeeding
immunizat^n

⑥ MENSTRUAL HISTORY
Menarch – Age
Cycle – No. of days
Rhythm – Regular/Irregular
Post-coital bleeding
Contraceptive use
* Note LNMP here if not noted before

⑦ PAST HISTORY
H/o blood transfusion
any surgery
Chronic disease –
DM
HTN
TB
(Pelvic inflammatory Disease)
other (medicine History)

⑧ Family History

⑨ Personal History
diet
smoking
alcoholism

⑩ Allergy
(drug allergy)

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