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**First B.A.M.S. (2021) Examination, Summer - 2023 (Phase - III)**  
**SAMHITA ADHYAYAN - I**

Total Duration : Section A+B = 3 Hours

Section B Marks : 80

**SECTION - B**

- Instructions :**
- 1) Use **black** ball point pen only.
  - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
  - 3) **All questions are compulsory.**
  - 4) The number to the **right** indicates **full marks**.
  - 5) Draw diagrams **wherever necessary**.
  - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
  - 7) Use a common answer book for section B.

2. लघुत्तरी प्रश्न :

[8 × 5 = 40]

- a) चरकसंहितेनुसार चिकित्सा चतुष्पादाचे गुण संक्षेपाने वर्णन करा.

Describe the Gunas of Chikitsa Chatushpada as per Charak Samhita in brief.

- b) अष्टांगहृदयानुसार व्यायाम लाभ, ऋतुनुसार व्यायाम मात्रा व अतिव्यायामाचे दुष्परिणाम लिहा.

Write the benefits of Vyayama and quantity (matra) of Vyayama as per Ritu as mentioned in Ashtangahridaya and also describe the signs and symptoms produced due to excess exercise.

- c) चरकसंहितेनुसार धारणीय वेगांचे सविस्तर वर्णन करा.

Describe the Dharaniya Vegas as per Charak Samhita.

- d) वातकलाकलीय अध्यायानुसार पित्तदोष व कफदोष कर्म लिहा.

Write the Karmas of Pitta dosha & Kapha dosha as per Vatakalakaliya Adhyaya.

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- e) चरकसंहितेनुसार आयुर्वेद व आयु परिभाषा लिहा.

Describe Ayurveda and Ayu terminologies as per Charaksamhita.

- f) टीप लिहा - नारीकेल-उदक, दधिसेवन नियम.

Write short note on Narikela-Udaka, Dadhisevan rules.

- g) विषदाता व्यक्तीची लक्षणे लिहा. सविष अन्नाची अग्निपरिक्षा लिहा.

Write the lakshanas of VishadataVyakti. Write Agni-Parikshya of Savisha Anna.

- h) वातदोष उपक्रम लिहा.

Write Vata-dosha Upakrama.

3. दीर्घोत्तरी प्रश्न :

[4 × 10 = 40]

- a) अष्टांगहृदयानुसार व्याधीचे साध्याअसाध्यत्व वर्णन करा.

Describe Vyadhi Sadhya-asadhyatva as per Ashtang Hridaya.

- b) चरकसंहितेनुसार विसर्ग व आदान कालभेद लिहून वर्षा ऋतुमधील वातावरण, शरीरबल, अग्निबल, दोषस्थिती लिहून वर्षा ऋतुचर्या मुद्देसूद लिहा.

Write difference among Visarga and adana kala as per Charak Samhita. Also write the environmental condition, Sharirabala, Agnibalala, Doshasthiti and describe "Varsharutucharya" pointwise.

- c) धातुंची श्रेष्ठकर्मे, धातुंच्या वृद्धीची लक्षणे लिहून, धातुदुष्टिजन्य रोगांची सामान्य चिकित्सा लिहा.

Describe Shreshtakarmas of Dhatus, Dhaturvruddhi lakshanas and treatment principles of diseases caused by Dhatudushti.

- d) चरकसंहितेनुसार धारणीय व अधरणीय वेगांची नावे लहून मल, क्षवथु, मूत्र, छर्दी, शुक्र या वेगांचे धारण केल्यास उत्पन्न होणारी लक्षणे व त्यांची चिकित्सा लिहा.

Write the names of Dharaniya & Adharaniya Vega as per Charakasamhita. Write the Lakshana and chikitsa of Mala, Kshavathu, Kasa, Chhardi, Shukra vegadharana.



पु. वे. शि. व. शि.  
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