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First Year B.Sc Nursing Degree Supplementary Examinations, July 2015

NUTRITION AND BIOCHEMISTRY

Time: 3 Hours Maximum Marks: 75

- Answer all questions
- Write section A(52 Pages) and section B(32 Pages) in separate answer books. Do not mix up questions from section A and section B.

Q P Code: 104010 Section A – NUTRITION Marks:50
Essay (10)

1. Explain the role of nutrition in maintaining health

Short notes (5x5=25)

- 2. Role of dietary fiber in human nutrition
- 3. Protein calorie malnutrition
- Causes and prevention of flurosis
- Metabolism of vitamin D
- 6. Maintenance of fluid and electrolyte balance

Answer Briefly (5x3=15)

- 7. Body mass index
- List the functions of iron in the body
- RDA for a lactating women doing moderate work

10.Food preservation by drying

11. Services of ICDS

Q P Code: 105010 Section B – BIOCHEMISTRY Marks:25
Essay (10)

Explain the sources, biochemical functions and deficiency manifestations of vitamin C

Short notes (2x5=10)

- Urea cycle
- Structure of immunoglobulin

Define the following (5x1=5)

- 4. Urinary findings in obstructive jaundice
- Galactosemia
- Poly unsaturated fatty acids
- Hypocalcemia
- Lysosome

