



First Year B.Sc Nursing Degree Examinations, November 2015

NURSING FOUNDATIONS

Time: 3 Hours

Total Marks: 100

• ANSWER ALL QUESTIONS.

Essay:

(2x10=20)

1. Define nursing process. Explain the characteristics of nursing process. Describe the nursing management of an unconscious patient based on nursing process approach. (1+4+5=10)
2. Define communication. Explain the basic elements of communication. Describe the techniques of therapeutic communication. (1+4+5=10)

Short notes:

(10x5=50)

3. Nursing management of insomnia.
4. Health belief model.
5. Discharge procedure.
6. Principles of administering enema.
7. Intra dermal injection.
8. Nurse's role in hot water bag application.
9. Spiritual care
10. Nurse's role in physical examination.
11. Health illness continuum.
12. First aid in burns.

Differentiate between the following:

(5x3=15)

13. Idiosyncratic effect and synergistic effect.
14. Orthopnoea and apnoea
15. Supine position and Sims' position.
16. Abduction and adduction.
17. Algor mortis and Livor mortis.

List the following:

(5x3=15)

18. Six sites for assessing pulse.
19. Six purposes of documentation.
20. Six indications for enteral nutrition.
21. Six principles of surgical asepsis.
22. Six risk factors of pressure ulcer.
