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## Q.P. CODE: 303010 Reg. No: ..... Third Year B.Sc Nursing Degree Supplementary Examinations, June 2015

# **Mental Health Nursing**

Max. Marks: 75

 $(2 \times 15 = 30)$ 

Time: 3 Hrs

- Answer all questions
- Draw diagram wherever necessary

#### Essays

- 1. Define schizophrenia. Describe the signs and symptoms of schizophrenia. Discuss the nursing management of patient with paranoid schizophrenia based on nursing process.
- Define somatoform disorders. Describe the signs and symptoms of somatisation disorders.
  Prepare a nursing care plan for a patient with somatoform disorder. (2+5+8)

### **Short Notes**

- 3. Nutrition plan for a patient with anorexia nervosa.
- 4. Counselling for HIV positive patient.
- 5. Clinical manifestations of dementia.
- 6. Specific nursing considerations for a patient on sodium valproate treatment.
- 7. Phases of therapeutic nurse-patient relationship.

### Give reasons for the following

- 8. Serum lithium estimation should be done 12 hours after the last dose.
- 9. Relaxation training is an essential step in systematic desensitization.
- 10. Do not leave the suicidal attempted clients unattended .
- 11. Termination of a therapeutic relationship is a critical experience for some patients.
- 12. Nurse would instruct the patient to change position slowly when he is on tricyclic antidepressant.

### Differentiate between

- 13. Epileptic seizures and Pseudo seizures
- 14. Trans-sexualism and Transvestism
- 15. Depersonalization and Derealisation
- 16. Obsession and Compulsion
- 17. Transference and Counter transference

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(5x2=10)

(5x5=25)

(5x2=10)

(2+5+8) disordere