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Mental Health Nursing

Time: 3 Hrs Max. Marks: 75

- Answer all questions
- Draw diagram wherever necessary

Essays (2×15=30)

- What are the causes of substance abuse. Describe the clinical features of delirium tremens.
 Explain nursing management of a patient with delirium tremens. (2+5+8)
- 2. Explain etiology of schizophrenia. Describe clinical features of catatonic schizophrenia and add a note on nursing management for a patient with catatonic schizophrenia. (4+5+6)

Short Notes (5x5=25)

- 3. Explain multi-disciplinary team.
- 4. Explain rights of mentally ill patients.
- 5. Describe in detail the activities of national mental health program.
- 6. Describe various mental health services available for mentally ill patients.
- 7. What is group therapy. Explain therapeutic factors involved in group therapy.

Give reasons for the following

(5x2=10)

- 8. Patient should be warned about driving a car or operating machinery when first treated with antipsychotics
- 9. Injection atropine is given to patients before ECT
- 10. Patients on monoamineoxidase inhibitors should be warned against the danger of ingesting tyramine rich foods
- 11. Monitoring of WBC count is essential in the first few weeks of clozapine treatment
- 12. Violent patient should be placed in less stimulating environment and unchallenging environment

Differentiate between (5x2=10)

- 13. Illusion and Hallucination
- 14. Denial and Displacement
- 15. Therapeutic relationship and Social relationship
- 16. Transference and Counter transference
- 17. Empathy and Sympathy

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