Sub. Code: 2328



[MSCN 0321]

MARCH 2021 (OCTOBER 2020 SESSION)

M.Sc. (Nursing) DEGREE EXAMINATION (Regulations for candidates admitted from 2011-2012 Sessions onwards)

FIRST YEAR

PAPER IV – CLINICAL SPECIALITY – I BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three Hours Maximum: 75 Marks

I. Elaborate on: $(2 \times 20 = 40)$

1. What is Therapeutic Communication? Explain the Techniques and Barriers of Therapeutic Communication.

2. Define Stress and describe in detail the General Adaptation Syndrome and Transaction Model of Stress Adaptation.

II. Write notes on: $(7 \times 5 = 35)$

- 1. National Mental Health Program.
- 2. Neurotransmitters.
- 3. Peplau's Theory of Interpersonal Relationship.
- 4. Biological Response of Stress.
- 5. Manifestations of Low Self-esteem and its Implication in Mental Illness.
- 6. Lithium Toxicity.
- 7. Normal Reaction of Women to Conception and Pregnancy.
