

Rajiv Gandhi University of Health Sciences

I Professional B.A.M.S Degree Examination – JUNE 2016

[Time: 3 Hours]

[Max. Marks - 100]

ASTAN GA HRIDAYA

QP Code: 1283

Your answers should be specific to the questions asked.
Draw neat labeled diagrams wherever necessary.

LONG ESSAY

2 X 11 = 22 Marks

1. Explain Nidra benefits, types and Chikitsa for Nidranasha.
2. Explain Pitta Dosha Sthana, Bheda and Karma.

SHORT ESSAY

10 X 5 = 50 Marks

Write benefits of Abhyanga and its contra indications.

4. Mention Chaturvidha Sweda and explain Upanaha Sweda.
5. Explain Hen, Jnta Ritu Charya.
6. Explain Amla Rasa guna and Karma.
7. Write Vatasya Upakrama
8. Significance of Samsarjana Karma after Shodhana
9. Discuss 'Karshyameva Varam Sthoulyat'.
10. Importance of Basti karma
11. Write Dadhi Guna Karma and Sevana Niyama.
12. Nasya Vidhi

SHORT ANSWERS

14 X 2 = 28 Marks

13. Madhyama Roga Marga
14. Vyana Vata
15. Atisnigdha Lakshana
16. Trinapanchamoola
17. Rasashesha Ajeerna
18. Manda
19. Dharaneeya Vega
20. Ushnambu in
21. Maha sneha
22. Kavala
23. Ranjaka Pitta
24. Anu Shastra
25. Basti Netra
26. Ashtanga Ayurveda