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Total No. of Questions: 8

M.Tech. (Food Technology) (2018 Batch) (Sem.-2)
NUTRACEUTICALS AND FUNCTIONAL FOODS

Subject Code: MTFT-527-18 M.Code: 76127

Time: 3 Hrs. Max. Marks: 60

## INSTRUCTIONS TO CANDIDATES:

- Attempt any FIVE questions out of EIGHT questions.
- 2. Each question carries TWELVE marks.
  - What are functional foods? What are some examples of functional foods? Discuss their importance and health benefits.
  - Define Nutraceuticals. Write detailed note on role of nutraceuticals for specific situations along with suitable examples.
  - Define Phytochemicals. Discuss in detail the different classes of phytochemicals and explain their role as nutraceuticals.
  - Discuss the role of cereal products as functional foods along with suitable examples and their health benefits.
  - What is the working principle of Ultrasound-assisted extraction? Discuss the application of Ultrasound-assisted extraction for the extraction of phytochemicals.
  - How phytochemicals can be useful in development of functional foods? Discuss the
    effect of environmental conditions on activity of bioactive compounds in food matrix.
  - What are probiotics? Discuss the features of probiotic microorganisms and write detailed note on their health benefits.
  - Discuss the marketing and regulatory issues for functional foods and nutraceuticals.

NOTE: Disclosure of Identity by writing Mobile No. or Making of passing request on any page of Answer Sheet will lead to UMC against the Student.

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