



**QP CODE: 108010**

**Reg. No.:.....**

**First Year B.Sc Nursing Degree Regular/Supplementary Examinations  
August 2021**

**Nursing Foundations**

**Time: 3 Hours**

**Total Marks: 100**

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Draw table/diagrams/flow charts wherever necessary

**Essays: (2x10=20)**

1. Explain the physiology of sleep. Describe the nurse's responsibility in promotion of rest and sleep (5+ 5)
2. Define nursing process. List the steps of nursing process. Describe the step of nursing diagnosis (2+2+6)

**Short notes: (10x5=50)**

3. Illness behaviour
4. Characteristics of pulse
5. Principles of body mechanics
6. First aid in drowning
7. Prevention of pressure ulcer
8. Principles of medication administration
9. Hazards associated with hospital waste
10. Stages of grief
11. Factors affecting oxygenation
12. Care of dying patient

**Differentiate between the following: (5x3=15)**

13. Gastric irrigation – gastric analysis
14. Systolic blood pressure and diastolic blood pressure
15. Medical and surgical asepsis
16. Secondary prevention – tertiary prevention
17. Hypothermia and hyperthermia

**List the following: (5x3=15)**

18. Six qualities of a nurse
19. Six guidelines to be followed in documentation
20. Six factors affecting communication
21. Six factors affecting urination
22. Six responsibilities of nurse in infection control

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