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Third Year B.Sc Nursing Degree Supplementary Examinations April(November), 2020

Mental Health Nursing

Time: 3 Hrs Max. Marks: 75

- Answer all questions to the point neatly and legibly Do not leave any blank pages between answers
 Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together Leave sufficient space between answers
- Draw diagrams wherever necessary

Essays (2x15=30)

- Explain the etiological factors related to schizophrenia. List the names of any six antipsychotics. Write the nurse's responsibilities while taking care of a patient who is on antipsychotics. (6+3+6)
- Define crisis. Explain the types of crisis with relevant examples. Discuss the techniques of crisis intervention (2+6+7)

Short Notes (5x5=25)

- Assessment of perception
- Orientation phase of therapeutic nurse-patient relationship
- Clinical features of severe depression
- Milieu therapy
- Nursing management of a patient with suicidal thoughts.

Give reasons for the following

(5x2=10)

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- Injection succinylcholine is given before ECT
- 9. Finger food is encouraged for patients with mania
- Warm milk at bedtime induces sleep
- Patient on antipsychotic is advised to rise slowly from the supine position
- Serum lithium need to be monitored for patients receiving lithium.

Differentiate between

- Dysthymia and cyclothymia
- Circumstantiality and tangentiality
- 15. Stress and crisis
- Oral and anal stage of psycho-sexual development
- Haloperidol and clozapine


