

Q.P. CODE: 303010**Reg. No:****Third Year B.Sc Nursing Degree Regular/Supplementary Examinations**
July 2021**Mental Health Nursing****Time: 3 Hrs****Max. Marks: 75**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers*
- *Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Essays**(2x15=30)**

1. Define de-institutionalization. Enlist mental health services available at different levels. Describe national mental health programme. (3+5+7)
2. Classify affective disorders. Enumerate aetiology and clinical manifestations of bipolar disorder. Prepare a nursing care plan of a patient with bipolar disorder current episode of depression. (3+6+6)

Short Notes**(5x5=25)**

3. Inter personal models
4. Anorexia nervosa
5. Occupational therapy
6. Phobias
7. Clinical features of Alzheimer's disease

Give reasons for the following**(5x2=10)**

8. Substance use disorder patient must come for treatment without any external force.
9. IQ assessment is an important part to diagnose disability levels in mental disorders.
10. Patient should not drive immediately after consuming anticonvulsive drugs.
11. Patients on chlorpromazine should avoid direct exposure to sunlight.
12. To diagnose conduct disorders, parents, teachers and friends information's are equally important.

Differentiate between**(5x2=10)**

13. Recreational and play therapy
14. Illusion and persecutory delusion
15. Somatoform disorder and somatic delusions
16. Indian Mental Health Act and Indian Lunacy Act
17. Transsexualism and gender identity disorder
