



# Rajiv Gandhi University of Health Sciences, Karnataka

## III Year B.N.Y.S Degree Examination - May 2016

Time: Three Hours

Max. Marks: 80 Marks

### **MANIPULATIVE THERAPIES** **[MASSAGE, REFLEXOLOGY, OSTEOPATHY & CHIROPRACTICE]** **Q.P. CODE: 2513**

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

#### **LONG ESSAYS**

**2 x 10 = 20 Marks**

1. Define Massage. Explain superficial movements with therapeutic application.
2. Write in detail about massage during pregnancy.

#### **SHORT ESSAYS**

**8 x 5 = 40 Marks**

3. Massage to stomach
4. Shiatsu in manipulative therapy
5. Roman history of massage
6. Manipulation and life extension
7. Arrangement of massage room
8. Effects of massage on nervous system
9. Osteopathy
10. Panchakarma

#### **SHORT ANSWERS**

**10 x 2 = 20 Marks**

11. Anatripsis
12. J. H. Kellog
13. Point percussion
14. Direction of stroking
15. Toogi Toogi
16. Hand reflexology
17. Contra-indication of massage
18. Massage for natural beauty
19. Attitude of therapist
20. Powder massage

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