

PHILOSOPHY OF NATUROPATHY**QP Code: 2530****(QP contains two pages)**

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary.

Section - A

Multiple Choice Questions**10 X 1 = 10 Marks**

1. It is the readjustment of the human organism from abnormal to normal conditions and functions.
 - a) Health
 - b) Healing crisis
 - c) Cure
 - d) Constructive
2. Medical oath is given by
 - a) Louis Kuhne
 - b) Hippocrates
 - c) Arnold Rickli
 - d) Benedict Lust
3. Early diagnosis and treatment is
 - a) Preventive measures
 - b) Primary measures
 - c) Secondary measures
 - d) Tertiary measures
4. Position for taking enema
 - a) Supine
 - b) Left lateral
 - c) Prone
 - d) Right lateral
5. Colour for laxative effect
 - a) Green
 - b) Blue
 - c) Yellow
 - d) Red
6. Father of Indian naturopathy
 - a) M K Gandhi
 - b) Hira Lal Sharma
 - c) Laxman Sharma
 - d) Vinoba Bhave
7. Fasting in a week
 - a) Twice
 - b) Once
 - c) Three times
 - d) Four times
8. Foreign matter theory written by
 - a) Louis Kuhne
 - b) Hippocrates
 - c) Sebastian Kneip
 - d) Arnold Rickli
9. According to Ritucharya in a year there are
 - a) 4 seasons
 - b) 3 seasons
 - c) 6 seasons
 - d) 2 seasons
10. According to naturopathy root cause of disease is
 - a) Violation of nature's law
 - b) Lowered vitality
 - c) Accumulation of toxins in the body
 - d) Germs

Section B

LONG ESSAYS (Answer any two)**2 X 10 = 20 Marks**

11. Composition of human body according to different systems
12. Evolution of human body
13. Define natural rejuvenation. Write in detail about immunity.

SHORT ESSAYS (Answer any ten)**10 X 5 = 50 Marks**

14. Explain personal life and prevention of disease.
15. Healing crisis
16. Write the different treatment modalities in naturopathy.
17. Dinacharya
18. Vitality
19. Define chromotherapy. Write its postulates.
20. History of Paracelsus and Laxman Sharma
21. Osteopathy
22. Explain five ways to lead a healthy life.
23. Unity of cure. Explain.
24. Define inflammation and explain its stages.
25. Recent advances in naturopathy

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