Time: Three Hours Max. Marks: 80 Marks

PHILOSOPHY OF NATURE CURE – I, PAPER I OP Code: 2506

Your answers should be specific to the questions asked. Draw neat, **labeled diagrams wherever necessary.**

LONG ESSAY

2 X 10 = 20 Marks

- 1. How to acquire Natural immunity in disease
- 2. Explain theory of Encumbrances.

SHORT ESSAY 8 X 5 = 40 Marks

- 3. Explain importance of Dinacharya.
- 4. Mention the great elements of Nature.
- 5. Contribution of Vinobha Bhave
- 6. Inflammation and its different stages
- 7. Prakriti
- 8. How naturopathy is different from yoga?
- 9. Importance of physical and mental hygiene
- 10. Unity of cure explain.

SHORT ANSWERS 10 X 2 = 20 Marks

- 11. Sprouts
- 12. Foot reflexology
- 13. Acupuncture
- 14. Chronic diseases
- 15. Prevention is better than cure
- 16. Prayer
- 17. Hippocrates
- 18. Define health and disease.
- 19. Life and soul concept
- 20. Natural rejuvenation

www.FilestRealtheir.com