



Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.N.Y.S Degree Examination - June 2014

Time: Three Hours

Max. Marks: 80 Marks

MANIPULATIVE THERAPIES

[MASSAGE, REFLEXOLOGY, OSTEOPATHY & CHIROPRACTICE]

Q.P. CODE: 2513 (REVISED SCHEME)

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Explain the effect of Massage on GIT, Respiratory System and CVS.
2. Explain the difference between Swedish and Shiatsu Massage techniques. Add a note on their benefits.

SHORT ESSAYS

8 x 5 = 40 Marks

3. Historical highlights of Manipulative Therapies
4. Massage in Respiratory Disorders
5. Dry Brush Massage
6. Types of Stroking
7. Osteopathy
8. Luxation and Subluxation
9. Physiological effect of Percussion
10. Shiatsu

SHORT ANSWERS

10 x 2 = 20 Marks

11. Physiological changes during Touch
12. Massage in Old Age
13. Massage in Lumbar Spondylosis
14. Characteristics of a Masseur
15. Massage in Liver Disorder
16. Vibration
17. Kneading
18. Effect of Massage on Locomotor System
19. Types of Neck Massage
20. Abhyanga
