



[Time: 3 Hours]

[Max. Marks : 80]

MANIPULATIVE THERAPIES
[MASSAGE, REFLEXOLOGY, OSTEOPATHY & CHIRPRACTICE]

(Revised Scheme)

QP Code: 2513

Your answers should be specific to the questions asked.
Draw neat labeled diagrams wherever necessary.

LONG ESSAY

2 X 10 = 20 Marks

1. What is stress? How massage is helpful in psychosomatic disorders?
2. Define percussion. Write in detail about its types and physiological effects.

SHORT ESSAY (Answer any eight of the following)

8 X 5 = 40 Marks

3. Historical highlights of massage
4. Principles of joint movements?
5. Massage to heart and liver
6. Type of stroking
7. Massage of the abdomen
8. Effect of massage on the muscular system
9. Explain different types of massage movement
10. Natural immunity improvement by massage
11. Physiological effects of chiropractic
12. Difference between Swedish massage and ayurvedic massage

SHORT ANSWERS

10 X 2 = 20 Marks

13. Define massage and its type
14. Massage in India
15. Touch
16. Petrissage
17. Rules to be followed in massage
18. Massage in varicosity
19. Insomnia
20. General rules followed in frictions
21. Massage to spine
22. Basic principles of osteopathy.

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