



[Time: 3 Hours]

[Max. Marks : 80]

PHILOSOPHY OF NATURE CURE – I, PAPER II

QP Code: 2507

Your answers should be specific to the questions asked.
Draw neat labeled diagrams wherever necessary.

LONG ESSAY

2 X 10 = 20 Marks

1. What are the different types of diet and its effect on body and mind
2. What is naturopathy? What are different types of treatment available in naturopathy.

SHORT ESSAY (Answer any eight of the following)

8 X 5 = 40 Marks

3. Durgless therapies
4. Panchatantra
5. Geriatric rehabilitation
6. Full wet sheet pack and its physiological effects
7. Vaccination and its hazards
8. How magnetotherapy acts on body
9. Family planning in naturopathy
10. Explain – rest and relaxation

SHORT ANSWERS

10 X 2 = 20 Marks

11. Heliotherapy
12. Types of hygiene
13. Cold hip bath
14. Water drinking
15. Chiropractic
16. Regular bowels
17. Chromodisc
18. Arm bath
19. Mud bath
20. Fasting

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