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## Fourth B.P.Th. (Revised) Examination, May/June 2011 PHYSIOTHERAPY IN MUSCULOSKELETAL CONDITIONS

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

## SECTION - B & SECTION - C

Instructions: 1) All questions are compulsory.

- 2) The number to the right indicates full marks.
- 3) Draw diagrams wherever necessary.
- 4) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.

SECTION – B (SAQ)

(30 Marks)

Answer the following (any five out of six):

 $(5 \times 3 = 15)$ 

- a) Explain any three abnormal end feels.
- b) Write the diagnostic clinical tests for tennis elbow.
- c) Write the capsular pattern of range restriction for shoulder joint.
- d) Explain the precautions to be taken for assessment and treatment in the first week following total hip replacement.
- e) Differentiate between somatic referred pain and radicular pain.
- f) Explain any three abnormal end feels.

3. Answer the following (any three out of four):

 $(3 \times 5 = 15)$ 

- a) Discuss the rationale of physical therapy management before for don 'ransfer.
- 5) Explain the stages of soft tissue has and
- c) Discuss any two deformities of wrist and hand caused by Rheumatoid arthritis.
- d) Discuss the short term goals of physical therapy management following below knee amputation.

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## SECTION-C (LAO)

4. Raghu, 36 years old construction worker gives history of fall from height of Raghu, 36 years old construction with the state of the st stabilization with trans-laminar screw and plate fixation 2 wks back.

He now complains of paraparesis, stiffness in the lower limb muscles with He now complains of paraparesis, difficulty in voiding the urine. He is married with 2 children and is the only bread earner of the family.

- a) Explain the functional diagnosis with clinical reasoning.
- b) Write contextual factors.
- Plan the short term and long term goals of physiotherapy management.

(1×15≈18

1

- 5. Seeta, 54 years old female comes with history of fall on outstretched hand 6 wks back. She was diagnosed as Colles, fracture and treated with plaster cast. She stays with her unmarried son in slum and works as a housemaid. She is post menopausal since 6 years.
  - a) Explain the functional diagnosis with clinical reasoning.
  - b) Write the contextual factors.
  - c) Plan the short term and long term goals of physiotherapy management.

(1×15=15

Gajabhau, 62 years old farmer staying in village, complains of bilateral knee pain, right more than left since 6 months. Now VAS at rest is 3 and on activity 6. Pain aggravates on activities like squatting, sitting crossed legged. He has developed

- a) Explain the functional diagnosis with clinical reasoning. b) Discuss contextual factors.
- Plan the physiotherapy management.

11x15=1