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Fourth B.P.Th. (2012) Examination, Winter 2018
COMMUNITY PHYSIOTHERAPY

Total Duration : Section A + B = 3 Hours

Total Marks : 80

SECTION — A & SECTION — B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for **all** sections.

SECTION — A (50 Marks)
(SAQ)

1. Short answer question (**any five** out of six) : **(5x3=15)**
- a) Ergonomic advice to air hostess.
 - b) Early Bird Classes.
 - c) Prevention of osteoporosis occurring with ageing.
 - d) Role of Interferential current Therapy in stress Urinary Incontinence.
 - e) Policies that facilitate an elderly.
 - f) Asbestosis.

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2. Short answer question (**any five** out of six) :

(5x7=35)

- a) Hazards of sedentary lifestyle.
- b) Guidelines for women exercising during Pregnancy.
- c) Job stress, it's causes, prevention and management.
- d) Principles of Geriatric Rehabilitation.
- e) Write a note on work hardening, giving two examples.
- f) Functional Assessment of the Elderly.

SECTION — B (30 Marks)

(LAQ)

3. Long answer question (**any one** out of two) :

(1x15=15)

- a) A 26 years old, female, clerk, 50 kg, 5'2 ft has delivered a male baby weighed 3.5 kg, complains of low back pain since 2 months. Write the differential diagnosis, physiotherapy assessment and management in detail. What are the other common impairments found in this population ?
- b) A 45 years old, female, 56 kg, 5'6 ht, complains of hot flushes, night sweats, urinary incontinence and mood swings since 3 months. She also complains of rib pain and low back pain while getting up from the bed. Explain the functional diagnosis, physiotherapy assessment and management for the same.

4. Long answer question (**any one** out of two) :

(1x15=15)

- a) A 32 years old, male, 65 kg , 5'8 ft, working in sugar cane industry, complains of neck arm pain since 6 months. Write the job task analysis. Describe the work hardening and work conditioning program for him.
 - b) A 37 years, old, truck driver, has undergone a below knee amputation 4 month back. Describe the difficulties face by him because of his impairment. Explain various concessions offered to him by government.
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