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Fourth B.P.Th. (Revised) Examination, Summer 2013
PHYSIOTHERAPY IN MUSCULOSKELETAL CONDITIONS

Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

SECTION – B & SECTION – C

- Instructions:** 1) *All questions are compulsory.*
2) *The number to the right indicates full marks.*
3) *Draw diagrams wherever necessary.*
4) *Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.*

SECTION – B

Answer any five out of six:

(5×3=15)

- ☒ Bicipital tendinitis
- ☒ Straight leg raise test
- ☒ Hold-relax technique of MET
- ☒ Hand to knee gait
- ☐ Chondromalacia
- ☐ Scapular stabilization exercises.

Answer any three out of four :

(3×5=15)

- ☐ Physiotherapy management for adhesive capsulitis.
- ☐ Clinical features and management of spondylolisthesis.
- ☐ Management for congenital talipes equinovarus.

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SECTION – C

4. A 45 years old housewife suffered right sided Colle's fracture, treated with closed reduction and immobilization two months back. Presently she complains of pain, swelling and stiffness of wrist and hand.

- a) Discuss functional diagnosis.
- b) Write a note on complications of the above condition.
- c) Discuss physiotherapy management with rationale.

5. A 60 years old man suffered right shoulder dislocation and was treated conservatively. He complains of pain and weakness with inability to perform ADL's. He has a good socio-economic background.

- a) Discuss functional diagnosis.
- b) Plan short term management.
- c) Plan long term management.

OR

5. A 20 year old tennis player twisted his elbow while playing. He developed profuse