

FAMILY MEDICINE**PAPER – II**

FLM/D/17/08/II

Time: 3 hours

Max. Marks:100

Important instructions:

- Attempt all questions in order.
- Each question carries 10 marks.
- Read the question carefully and answer to the point neatly and legibly.
- Do not leave any blank pages between two answers.
- Indicate the question number correctly for the answer in the margin space
- Answer all the parts of a single question together.
- Start the question to a question on a fresh page or leave adequate space between two answers.
- Draw table/diagrams/flowcharts wherever appropriate.

Write short notes on:

- a) Differentiate between arterial, venous and neuropathic ulcers. 4+3+3
 - b) How will you investigate a person with ulcers in the lower leg?
 - c) List the principles of management of bed sores.
- a) A 40-year-old lady comes to you for routine breast examination. You find a lump in her right breast. 3+3+4
 - b) List the criteria for urgent referral for her.
 - c) Mention the features of any benign breast disease.
 - d) What are the other clinical examinations you will do in her for a preventive health visit?
- a) A 50-year-old man comes to you with history of painful swelling of left lower limbs for 4 days duration. 2+2+3+3
 - b) List the differential diagnosis with specific clinical features.
 - c) List risk factors of deep vein thrombosis (DVT).
 - d) How will you investigate and treat a person with DVT?
 - e) Mention how you can prevent DVT.
- a) A 35-year-old male presents to you with a history of shoulder pain for the last one week. 6+4
 - b) What are the red-flags in history and in examination with reasons?
 - c) How will you manage a person with adhesive capsulitis?
- a) A 20-year-old girl comes to you with a history of swelling in the anterior neck. 3+3+4
 - b) List differential diagnosis with specific clinical features.
 - c) What are the red-flags in history and examination? List with reasons.
 - d) As a family physician, how will you manage her if she has a solitary nodule in her thyroid gland?

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6. a) List the causes of a person presenting with a 'red-eye'. 3+2+5
b) What are the red-flags and their causes for urgent referral to an ophthalmologist?
c) Describe briefly management of corneal ulcer.
7. A 55-year-old female labourer comes to you with complaints of giddiness. 2+2+6
a) What are the red-flags you will elicit from her and why?
b) How will you investigate her?
c) How will you diagnose and treat benign positional vertigo?
8. A 45-year-old peri-menopause lady comes to you with history of brown coloured urine. Her urine dipstick examination shows presence of '4+' blood. 2+3+5
a) List the causes of hematuria.
b) What are the red-flags you will elicit in her?
c) How will you manage her with appropriate referral after preliminary investigations?
9. a) List the causes of erectile dysfunction (ED). 2+6+2
b) Mention the clinical and investigatory work-up for ED.
c) Medical management of ED.
10. You have been requested to do a pre-anesthetic work-up of a 60-year-old patient going for a hernioplasty. 6+4
a) Mention the clinical and investigatory work-up you will do with reasons.
b) What are the complications of spiral anesthesia? How can you prevent them?