

FINAL EXAM
DECEMBER 2016

NATIONAL BOARD OF EXAMINATIONS

PSYCHIATRY**PAPER – II**

PSY/D/16/39/II

Time : 3 hours

Max. Marks : 100

Important instructions:

- Attempt all questions in order.
- Each question carries 10 marks.
- Read the question carefully and answer to the point neatly and legibly.
- Do not leave any blank pages between two answers.
- Indicate the question number correctly for the answer in the margin space.
- Answer all the parts of a single question together.
- Start the answer to a question on a fresh page or leave adequate space between two answers.
- Draw table/diagrams/flowcharts wherever appropriate.

Write short notes on:

1. a) What do you understand by treatment resistance in depression? 3+7
b) Management of treatment resistant depression.
2. a) What are the contexts in which psychiatric problems may arise in a patient with HIV? 5+5
b) What are the clinical presentations seen in patients diagnosed with HIV?
3. A 24 year old recently married woman with no family history of psychiatric disorder has bipolar disorder with history of 4 episodes of mania in last 4 years, each time reaching pre-morbid level of functioning in the inter-episodic period. The reason for relapse is poor drug compliance. Discuss pharmacological and non-pharmacological management of the case. 4+6
4. What is delirium tremens? How would you manage it? 3+7
5. a) Pathophysiology of movement disorders in psychiatry. 4+6
b) Medication induced extra-pyramidal syndrome.
6. a) What are adjustment disorders? 1+(3+3+3)
b) Classification, differential diagnosis and management of adjustment disorders.
7. a) What is Dialectical Behavior Therapy? 1+(2+3+4)
b) Its rationale, techniques and phases of treatment.
8. Define parasomnias. Describe briefly at least three disorders associated with REM sleep. 1+9
9. You plan for a clozapine trial in a patient with schizophrenia. How would you initiate and monitor the treatment? What are common, less common and rarer side effects of clozapine? 2.5x4
10. What do you understand by vascular dementia? What are the common clinical features of vascular dementia? Outline its treatment. 4+4+2
