

FINAL EXAM  
DECEMBER 2016

NATIONAL BOARD OF EXAMINATIONS

**FAMILY MEDICINE****PAPER – II**

FLM/D/16/08/II

Time : 3 hours

Max. Marks : 100

**Important instructions:**

- Attempt all questions in order.
- Each question carries 10 marks.
- Read the question carefully and answer to the point neatly and legibly.
- Do not leave any blank pages between two answers.
- Indicate the question number correctly for the answer in the margin space.
- Answer all the parts of a single question together.
- Start the answer to a question on a fresh page or leave adequate space between two answers.
- Draw table/diagrams/flowcharts wherever appropriate.

Write short notes on:

1. a) State the guidelines for screening for eye involvement in diabetes mellitus. 6+4  
b) Stages of diabetic retinopathy and management at each stage.
2. Causes and clinical features of: 6+2+2  
a) Oral ulceration  
b) Halitosis  
c) Leukoplakia
3. A 50 year old man has a confirmed deep vein thrombosis of the right calf after a long flight. 5+5  
a) Outline management in detail.  
b) Venous leg ulcer and its management.
4. Clinical features, differential diagnosis, investigations and management of septic arthritis of the hip in children. 3+2+2+3
5. a) Management of epistaxis in a 50 year old man with blood pressure 220/100mmHg. 5+5  
b) List the causes of ear pain with otorrhoea.
6. a) How is osteoporosis diagnosed? 4+4+2  
b) State the risk factors for osteoporosis.  
c) Management of osteoporosis.
7. Definition and role of the following forms of anaesthesia in surgery: 2+2+3+3  
a) Conscious sedation.  
b) Spinal anaesthesia  
c) Epidural analgesia  
d) Nerve block

**P.T.O.**

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8. Diagnostic features and management of the following sports related injuries: 5+5  
a) Ankle sprain  
b) Achilles tendon rupture.
9. Rani is a 50 year old lady who presents to you with a lump in her left breast. 3+2+5  
a) History and clinical features you would elicit on her.  
b) What are the clinical features suggestive of a malignant breast lump?  
c) Health education you would give to your patients about breast cancer, including early detection and screening.
10. a) Causes of sudden onset unilateral blindness in a 30 year old lady. 6+4  
b) List visual field defects and state the causes.

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