

[LH 823]

AUGUST 2015

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING  
DEGREE EXAMINATION  
FIRST YEAR – NON SEMESTER  
PAPER II – NUTRITION AND DIETETICS**

*Q.P. Code: 684883***Time : Three Hours****Maximum : 35 marks****Answer ALL questions****I. Elaborate on:****(1 x 15 = 15)**

1. What are the causative factors leading to cirrhosis?

Discuss the dietary principles followed in treating a cirrhosis. Patient focusing on foods used in restricted quantities and foods that are completely avoided. Plan a model menu.

**II. Write notes on:****(2 x 5 = 10)**

1. Functions of Protein.
2. Steps involved in planning a balanced diet.

**III. Short answers on:****(5 x 2 = 10)**

1. Kwashiorkor.
2. Anthropometric measurement.
3. Disadvantages of Bottle feeding.
4. Advantages of cooking.
5. Essential Aminoacids.

\*\*\*\*\*