



[LJ 823]

AUGUST 2016

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE
EXAMINATION
FIRST YEAR - NON SEMESTER
PAPER II – NUTRITION AND DIETETICS**

Q.P. Code : 684883

Time: Two hours

Maximum: 35 Marks

I. Elaborate on:

(1 x 15 = 15)

1. a) What is Atherosclerosis?
- b) Causes of Atherosclerosis.
- c) Write the dietary management and recommended allowances of nutrients.

II. Write notes on:

(2 x 5 = 10)

1. Integrated Child Development Services Programme (ICDS).
2. Prevention of Food adulteration Act (PFA).

III. Short answers on:

(5 x 2 = 10)

1. Keratomalacia.
2. Aims of Mid-day meal programme.
3. Define Kilocalorie.
4. Substitutes for non-vegetarian foods.
5. Functions of Sodium.

