

[LI 823]

FEBRUARY 2016

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION
FIRST YEAR - NON SEMESTER
PAPER II – NUTRITION AND DIETETICS**

*Q.P. Code : 684883***Time : Three Hours****Maximum : 35 Marks****Answer ALL questions****I. Elaborate on:****(1 x 15 = 15)**

1. a) Define Nutrition and Balanced Diet.
- b) Dietary modification for patients with Acute Renal Failure.
- c) Malnutrition – Causes, Signs and Dietary Modification.

II. Write notes on:**(2 x 5 = 10)**

1. National Nutrition Policy.
2. Dietary fibre.

III. Short answers on:**(5 x 2 = 10)**

1. List four conditions that require potassium restriction.
2. Define specific Dynamic Action.
3. Give example for supplementary foods to infants.
4. Post-operative diet.
5. Classification of protein based on quality with example.
