



[LP 823]

AUGUST 2019

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

FIRST YEAR – NON SEMESTER

PAPER II – NUTRITION AND DIETETICS

Q.P. Code: 684883

Time: Two Hours

Maximum: 35 Marks

I. Elaborate on:

(1 x 15 = 15)

1. a) Discuss in detail about the importance of Nutrition in Health.
- b) Define Dietetics and Explain the dietary management of Hypertension.

II. Write notes on:

(2 x 5 = 10)

1. Mention the functions of Macronutrients.
2. Discuss on various Deficiency diseases and its Prevention methods.

III. Short answers on:

(5 x 2 = 10)

1. Balanced diet.
2. Phrynoderma.
3. Weaning food.
4. Low cost protein rich foods.
5. Anaemia Prophylaxis Programme.
