



[LB 823]

AUGUST 2012

Sub. Code: 4883

**FIRST YEAR P.B.B.Sc (NURSING) EXAM**

**Paper II – NUTRITION AND DIETETICS**

*Q.P. Code : 684883*

**Time : Two hours**

**Maximum : 50 marks**

**(120 Min)**

**Answer ALL questions in the same order.**

**I. Elaborate on:**

**(1x20=20)**

1. a) Discuss the methods of assessing the nutritional status of a community.
- b) Write the importance of nutrition during old age.

**II. Write notes on:**

**(4x5=20)**

1. Most heat methods of cooking.
2. Diet for peptic ulcer.
3. Feeding of premature infant.
4. Dietary modification for obesity.

**III. Short Answers on:**

**(5x2=10)**

1. Define Diet therapy.
2. List four foods to be included and avoided for cardio vascular diseases.
3. List four supplementary foods to be given for an infant.
4. Substitute for non-vegetarian foods.
5. List four signs and symptoms of Kwashiorkor.

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