



February 2012

[LA 823]

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE
EXAMINATION**

First Year - Non Semester

(For candidates admitted from 2004-2005 onwards)

Paper II – NUTRITION AND DIETETICS

Q.P. Code: 684883

Time: Two hours

Maximum: 35 marks

Answer ALL questions.

I. Elaborate on:

(1X15=15)

1. a) Define peptic ulcer. What are the etiological factors of peptic ulcer.
- b) Dietary management for a patient suffering from peptic ulcer.
- c) Plan a suitable menu for a patient suffering from peptic ulcer.

II. Write notes on :

(2X5=10)

1. Protein energy malnutrition.
2. Nutritional requirement of lactating woman.

III. Short Answers:

(5X2 = 10)

1. Define balanced diet.
2. Give four advantages of cooking.
3. Rickets.
4. Weaning.
5. List out any two principles of mid-day meal programme.

