

[LD 823]

AUGUST 2013

Sub. Code: 4883

POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE EXAMINATION

First Year - Non Semester

(For candidates admitted from 2004-2005 onwards)

Paper II – NUTRITION AND DIETETICS

O.P. Code : 684883

**Time : Two hours
(120 Min)**

Maximum : 50 marks

I. Elaborate on:

(1x20=20)

- Define obesity and BMI.
- Causative factors for obesity
- Dietary modification
- Model menu for obesity.

II. Write Notes on:

(4x5=20)

1. Cooking
2. Atherosclerosis
3. Plan a menu for pregnant anaemic women
4. Food standard.

III. Short Answers on:

(5x2=10)

1. Define bland diet
2. Write four names of preservatives.
3. What is hind milk and foremilk?
4. Protein sparing action
5. List any two antioxidant vitamins.
