

[LC823] **FEBRUARY 2013** **Sub. Code: 4883**
POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE
EXAMINATION
First Year - Non Semester
Paper II – NUTRITION AND DIETETICS
Q.P. Code : 684883

Time : Two hours
(120 Min)

Maximum : 50 marks

I. Elaborate on: **(1x20=20)**

1. a. List the objectives of diet therapy
- b. List the predisposing factors of diabetes mellitus
- c. Explain the dietary modification for a patient suffering from diabetes mellitus
- d. Plan suitable menu for a lady clerk suffering diabetes mellitus

II. Write Notes on: **(4x5=20)**

1. Canning
2. Protein calorie malnutrition
3. Nutritional need for preschool children
4. Nutritional anemia

III. Short Answers on: **(5x2=10)**

1. Define balanced diet
2. List four signs and symptoms of vitamin A deficiency
3. List the foods to be included and avoided for nephritis
4. Energy and protein need for adolescent boy and girl
5. Objectives of school lunch program