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## POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE EXAMINATION

## SECOND YEAR - NON SEMESTER

## PAPER III – MENTAL HEALTH NURSING

O.P. Code: 684893

Time: Three Hours Maximum: 75 Marks

Answer ALL questions

I. Elaborate on:  $(2 \times 15 = 30)$ 

a) Define Mental Health.

- b) Brief the standards and principles of psychiatric nursing.
- c) Write the characteristics of mentally ill person.
- d) Promoting factors for mentally healthy person.
- 2. a) Define Electro Convulsive Therapy.
  - b) Brief the indications and contra indications of Electro Convulsive Therapy.
  - c) Discuss about pre, intra and post nursing management of client who underwent for Electro Convulsive Therapy.

II. Write notes on:  $(5 \times 5 = 25)$ 

- 1. NMHP.
- Crisis Intervention.
- Anti psychotics.
- 4. Group therapy with examples.
- Psycho Somatic Disorder.

III. Short answers on:  $(10 \times 2 = 20)$ 

- 1. Mc Naughtan's rule.
- 2. What is Alohia?
- 3. What is Orgasm?
- Define Personality.
- 5. What is Cognition?
- List four causes of Depression.
- Mention four types of Defense mechanisms.
- Write down the four behavioral problems in childhood/children.
- 9. Mention four Psychiatric Emergencies.
- 10. What is Dysthymia?

