

8	Assess disorder feeding, Normal nutrition in children: Key Message of IYCF	II	DR. SYED MUSHTAQ AHMED
9	Approach to child with cough & difficulty breathing. Burden of pneumonia in children	I	DR. SYED MUSHTAQ AHMED
10	Approach to child with diarrhea: IMNCI case me	II	DR. KHUDA BUX
11	Approach to child with fever: IMNCI Malaria Guideline	I	DR. M. NADEEM CHOHAN
12	Introduction to ENCC (routine newborn care and breast feeding) (10 steps of BFHI)	II	DR. ABDUL HAMEED RADHAN

DEPARTMENT OF PSYCHIATRY

S #	TEACHING FACULTY		
01	PROFESSOR AND CHAIRMAN: Professor Moin Ahmed Ansari		
	ASSISTANT PROFESSORS	02	Dr. Sadaf Aijaz Arain
03	Dr. Qasim Jamal Chachar	04	Dr. Jamil Junejo
05	CLINICAL PSYCHOLOGIST: Ms. Ayesha Nighat		

TOPICS

PSYCHIATRY & BEHAVIORAL SCIENCES

1. Introduction to Psychiatry and related Subjects
2. Schizophrenia and related Disorders
3. Schizophrenia and related Disorders
4. Mood Disorders
5. Mood Disorders
6. Anxiety Disorders
7. Somatoform Disorders
8. Dissociative Disorders
9. Personality Disorders
10. Substance Use Disorder
11. Suicide
12. Mental Retardation
13. Culture bound Syndromes
14. Health belief models. Beliefs, attitudes, values, myths, Child rearing practice. Stigma
15. Definition & classification of stress. Stressors. Management of stress.
16. Relationship of stress & stressors to illness. Coping skills. Adjustment & mal adjustment. Conflict and Frustration. Concept of life events & their relationship with stress & illness

CLINICAL ROTATION

The mandatory clinical ward rotation in 4th Year M.B.B.S. is 3 weeks long (4 days a week, hence 12 days long) aims to provide students a direct exposure to psychiatric patient via bedside learning and to develop competence in psychiatric interviewing skills, mental state examination, recognition of symptoms, adequate referral along with an in-depth knowledge of commonly occurring neurotic illness with special focus on various dimensions of suicide.

CONTENTS OF CLINICAL ROTATION		TEACHING STRATEGIES
Day 1	Basic Concepts <ul style="list-style-type: none"> ○ Definitions of Psychiatry ○ Diagnostic Classification Systems ○ Terms used in Psychiatry ○ Phenomenology 	➤ Tutorials by followed by Interactive Session

Day 2	Communication Skills <ul style="list-style-type: none"> Desirable attitudes in health professionals Communication and Interviewing skills Characteristics of a good communicator History Taking skills Doctor Patient Relationship, boundaries & psychological reactions in doctor-patient relationship, transference & counter transference. Professionalism in Health Care: how to assess attitudes. Empathy amongst medical students. 	www.FirstRanker.com <ul style="list-style-type: none"> Tutorials followed by Interactive Session Role Playing
Day 3	Psychiatric History Taking <ul style="list-style-type: none"> Developing Therapeutic Relationship Phrasing questions Collecting demographic details History of presenting illness Family History Past History Personal History Premorbid Personality Assessment of Personality 	<ul style="list-style-type: none"> Tutorials followed by Interactive Session Bed Side Teaching
Day 4	Mental Status Examination <ul style="list-style-type: none"> Areas of Assessment Method of Assessment Mental state examination. Cognitive errors. Defense mechanism General Management Informational Care. Counseling & its indications & contraindications. Conflict resolution 	<ul style="list-style-type: none"> Tutorials followed by Interactive Session Bed Side Teaching
Day 5	Psychiatric Interview of a Psychotic Patient <ul style="list-style-type: none"> Dealing with difficult patients & management. Crisis management/disaster management. Dealing with real life crisis & conflict situations in health settings. Problem solving & decision making strategies. 	<ul style="list-style-type: none"> Tutorials followed by Interactive Session Bed Side Teaching
Day 6	Obtaining Psycho-Social History <ul style="list-style-type: none"> ABC Model Interplay of Thoughts-Emotions-Behavior Stressors Stress & Coping Strategies Social Support 	<ul style="list-style-type: none"> Tutorials followed by Interactive Session Role Model Out Patient Teaching
Day 7	Depressive & Anxiety Disorders <ul style="list-style-type: none"> Screening Questions Diagnostic Criteria Assessment of Disturbances in Functionality 	<ul style="list-style-type: none"> Tutorials followed by Interactive Session Scenario Based Discussion

Day 8	Psychiatric Interview of a Neurotic Patient <ul style="list-style-type: none"> ○ Assessment of Disturbance in Functionality ○ Real Life Crisis & Crisis management ○ Elements of Counselling ○ Problem Solving & Decision Making strategies. 	www.FirstRanker.com <ul style="list-style-type: none"> ➤ Tutorials followed by Interactive Session ➤ Outpatient Teaching ➤ Role Playing
Day 9	Suicide <ul style="list-style-type: none"> ○ Risk Assessment ○ Prevention 	<ul style="list-style-type: none"> ➤ Tutorials followed by Interactive Session ➤ Role Playing ➤ Scenario Based Discussion
Day 10	Psychiatric Assessment in Community	➤ Workshop (via using MINI)
Day 11	Formative Assessment of Skills	➤ Case Presentation & Feedback
Day 12	Assessment	

DEPARTMENT OF DERMATOLOGY (SKIN)

S #	TEACHING FACULTY
01	INCHARGE AND ASSISTANT PROFESSOR : Dr. Hafiz Bashir Ahmed Kalhoro
	TEACHER: DR. HAFIZ BASHIR AHMED KALHORO
	TOPICS
	<ul style="list-style-type: none"> ✚ Leishmaniasis ✚ Bacterial infections ✚ Fungal infections ✚ Viral infections

SUBJECT: SURGICAL SKILLS [SKILL LAB]

INCHARGE: PROFESSOR ASADULLAH MAKHDoom

	TOPICS
1	Examination of Breast
2	Examination of Testis
3	Examination of Prostate
4	Examination of Eye
5	Examination of Ear
6	Peritoneal Dialysis
7	Nasal Hemorrhage
8	Evaluation

BOOKS RECOMMENDED

COMMUNITY MEDICINE

- Text book of Community Medicine & public health by Ilyas
- Text Book of Prevention & Social Medicine by J E PARK

SPECIAL PATHOLOGY

- Basis of Pathology (Robbins)
- Basis of Disease of Pathology (Robbins)

OPHTHALMOLOGY (EYE)

- Clinical Ophthalmology By Professor Shafi Muhammad Jatoi
- Parson's Text book of Ophthalmology
- Basic Ophthalmology By RenuJogi

ENT

- P L Dingra
- Iqbal Udharpurwala