



Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

**LONG ESSAY**

**2 X 20 = 40 Marks**

1. Sport specific evaluation for a sprinting athlete following lateral ligament injury rehabilitation of right ankle for return to sport.
2. Describe the Mckenzie's approach to the vertebral column.

**SHORT ESSAY**

**6 X 10 = 60 Marks**

3. Nutritional requirements in long distance runners during training.
4. Open kinematic (Vs) closed kinematic chain training.
5. Recurrent anterior dislocation of shoulder.
6. Metabolic diseases of bone.
7. Assessment of deformities in a rheumatoid hand.
8. Sports psychology.

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