



LONG ESSAY

2 X 20 = 40 Marks

1. Explain in detail the exercise testing and exercise prescription in a hypertensive patient
2. Explain any two motor control theories and its significance in physiotherapy management.

SHORT ESSAY

6 X 10 = 60 Marks

3. General guidelines for cardiac and pulmonary rehabilitation.
4. Explain the role of progressive resisted exercise in musculoskeletal rehabilitation
5. Explain any one manual therapy school of thought.
6. Briefly explain cardiopulmonary resuscitation.
7. Various physiotherapeutic strategies used for spasticity reduction.
8. Discuss the significance of yoga in physiotherapy

* * * * *