

[LP 1011] AUGUST 2019 Sub. Code: 4702

# B.Sc. (Nursing) DEGREE EXAMINATION (New Regulations for the candidates admitted from 2006-07 onwards)

#### FIRST YEAR

#### PAPER II – NUTRITION AND BIOCHEMISTRY

Q.P. Code: 664702

Time: Three Hours Maximum: 75 Marks

Answer Section A and Section B Separately

SECTION - A (NUTRITION)

I. Elaborate on:  $(1 \times 15 = 15)$ 

Role of a nurse in National Vitamin A Deficiency programme.

II. Write notes on:  $(4 \times 5 = 20)$ 

- Overconsumption of fats.
- Functions of water.
- Define and classify carbohydrates.
- 4. Protein Energy Malnutrition.

## III. Short answers on: $(5 \times 2 = 10)$

- Define Balanced Diet.
- Dietary Sources of Zinc.
- List out two dry heat methods of cooking.
- Give medicinal value of any two foods.
- 5. What is the energy requirement (RDA) for an adult man and adult women doing sedentary work?

# SECTION - B (BIOCHEMISTRY)

## I. Elaborate on: $(1 \times 15 = 15)$

Clinical applications of enzymes with normal ranges.

### II. Write notes on: $(1 \times 5 = 5)$

1. Liver Function Tests.

### III. Short answers on: $(5 \times 2 = 10)$

- 1. Name of the hormones regulating blood calcium level.
- Phospholipids.
- Glycosuria.
- Fluorosis.
- What are Hetero-polysaccharides? Give example.

\*\*\*\*\*

