

**MEDICL****[BSCN 0523]****MAY 2023****Sub. Code: 4704****(FEBRUARY 2023 EXAM SESSION)****B.Sc. (Nursing) DEGREE EXAMINATION****(Regulations for the candidates admitted from 2006-07 onwards)****FIRST YEAR****PAPER IV –PSYCHOLOGY*****Q.P. Code: 664704*****Time: Three Hours****Maximum: 75 Marks****I. Elaborate on:****(2 x 15 = 30)**

1. Define Mental Health. Explain the characteristics of a Mentally Healthy Person.
2. What is Memory? Explain the techniques to Improve Memory.

**II. Write notes on:****(5 x 5 = 25)**

1. Branches of psychology.
2. The role of Heredity and Environment in Shaping Behaviour.
3. The determination of Attention.
4. Techniques of Learning.
5. Coping with stress.

**III. Short answers on:****(10 x 2 = 20)**

1. Define Frustration.
2. Enlist Various Conflict.
3. List out the Ego Defense Mechanism.
4. Mention Psychological reaction to terminal illness.
5. Define Mental Health Hygiene.
6. Types of Emotions.
7. Define Hallucination.
8. Principles of Learning.
9. Methods of Problem solving.
10. Flooding.

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