

Rajiv Gandhi University of Health Sciences

IV Year B.N.Y.S Degree Examination – OCT-2019

Time: Three Hours

Max. Marks: 80 Marks

Clinical Naturopathy (RS-3)

QP Code: 2552

(QP contains two pages)

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary.

Section - A

Multiple Choice Questions

10 X 1 = 10 Marks

1. A person with Aphasia should avoid toxic environment containing
 - a) Lead
 - b) Mercury
 - c) Both a and b
 - d) None of the above
2. Movements restricted in Adhesive Capsulitis are
 - a) Only abduction
 - b) Adduction and internal rotation
 - c) Abduction and internal rotation
 - d) All range of movements
3. Clinical practice guidelines suggested by
 - a) WHO
 - b) ICH
 - c) Both a and b
 - d) None of the above
4. Temperature often plays role in Hydrotherapy as does
 - a) Time
 - b) Water pressure
 - c) Type of Hydriatic application
 - d) All of the above
5. Regular practice of which asana checks the process of ageing
 - a) Gomukhasana
 - b) Makarasana
 - c) Kurmasana
 - d) Sarvangasana
6. Blood pressure lowering foods are
 - a) Beetroot
 - b) Barley water
 - c) Banana
 - d) All of the above
7. Foods beneficial in Leucorrhoea
 - a) Layds finger
 - b) Amaranthus root
 - c) Fenugreek seeds
 - d) All of the above
8. Which is the most common type of kidney stone?
 - a) Struvite
 - b) Calcium stone
 - c) Uric acid
 - d) Cystine
9. Overweight is

Rajiv Gandhi University of Health Sciences

- a) 26.0 – 30.0
 - b) 25.0 – 29.0
 - c) 25.0 – 29.9
 - d) 24.9 – 29.0
10. What is NOT one of the underlying principle of Naturopathy?
- a) Treat the cause
 - b) Prevention
 - c) Physician as a teacher
 - d) Like cures like

Section B

LONG ESSAYS (Answer any two)

2 X 10 = 20 Marks

- 11. Explain Gastrointestinal disorders and their management in Naturopathy.
- 12. List few endocrinal disorders and their management in Naturopathy.
- 13. Explain diseases of Cardiovascular system Naturopathy management in case of tem and their management in Naturopathy.

SHORT ESSAYS (Answer any ten)

10 X 5 = 50 Marks

- 14. Explain in detail about good clinical practice.
- 15. Explain healing crisis and disease crisis.
- 16. Naturopathy management in case of Diarrhea
- 17. Naturopathy management in case of Bed sores
- 18. Naturopathy management in case of Vertigo
- 19. Diet therapy management in case of Renal stones
- 20. Naturopathy management in case of DVT
- 21. Naturopathy management in case of Sinusitis
- 22. Naturopathy management in case of Psoriasis
- 23. Acupuncture and physiotherapy management in frozen shoulder
- 24. Naturopathy management in case of Leucorrhœa
- 25. Naturopathy management in case of Foot odour
