

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – OCT-2019

Time: Two Hours**Max. Marks: 35 Marks**

Nutrition and Dietetics **(RS-3 & RS-4)** **Q.P. CODE: 1732**

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)**1 x 10 = 10 Marks**

1. List the nutritional problems in India and explain the role of a nurse in national nutritional programmes.
2. Define therapeutics diet. Explain therapeutic diet for cardiovascular diseases.

SHORT ESSAYS (Answer any Three)**3 x 5 = 15 Marks**

3. Food standards.
4. Preservation of food.
5. Food hygiene.
6. What are the various ways to assess the nutritional status?

SHORT ANSWERS**5 x 2 = 10 Marks**

7. Weaning.
8. Malnutrition.
9. Methods of storage of food.
10. What is balanced diet?
11. Macronutrients.
